

LUA Charity Run

13 NOV 2022 SUN, Temperature : 23°C; Humidity 85%

3km Individual Race Men

Rank Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1	20	3km Individual Race Men 16 - 19 years old	A1004	唐晉毅	TONG CHI NGAI	00:12:01	00:11:59
2	389	3km Individual Race Men 16 - 19 years old	A1003	梁紀威	LEUNG KEI WAI	00:32:59	00:32:49

Rank Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1	1	3km Individual Race Men 20 - 29 years old	B1111	鄭名峻	CHENG MING TSUN	00:09:18	00:09:16
2	5	3km Individual Race Men 20 - 29 years old	B1145	黃首睿	WONG SAU YUI	00:10:07	00:10:02
3	8	3km Individual Race Men 20 - 29 years old	B1122	洪兆輝	HUNG SIU FAI	00:10:29	00:10:26
4	10	3km Individual Race Men 20 - 29 years old	B1110		CHAU SAU TSUN	00:10:57	00:10:53
5	13	3km Individual Race Men 20 - 29 years old	B1158		LI GUANKAI	00:11:35	00:11:29
6	25	3km Individual Race Men 20 - 29 years old	B1124		JAIN ISHAN	00:12:24	00:12:11
7	31	3km Individual Race Men 20 - 29 years old	B1115	莊淳晞	CHING SHUN HEI, KELVIN	00:13:44	00:13:42
8	33	3km Individual Race Men 20 - 29 years old	B1149	嚴明峰	YIM MING FUNG	00:13:51	00:13:44
9	44	3km Individual Race Men 20 - 29 years old	B1159	蘇意育	SU YIYU	00:14:32	00:14:26
10	52	3km Individual Race Men 20 - 29 years old	B1160	楊家俊	YEUNG KA CHUN	00:14:48	00:14:42
11	54	3km Individual Race Men 20 - 29 years old	B1154		ZHANG FRANK	00:15:02	00:14:50
12	59	3km Individual Race Men 20 - 29 years old	B1141	鄧宇佑	TANG YUE YAU	00:15:12	00:15:05
13	69	3km Individual Race Men 20 - 29 years old	B1101	陳頌麟	CHAN CHUNG LUN	00:15:40	00:15:21
14	72	3km Individual Race Men 20 - 29 years old	B1116	趙嘉昇	CHIU KA SING	00:16:00	00:15:53
15	83	3km Individual Race Men 20 - 29 years old	B1155		TSE YAN CHUNG	00:16:28	00:16:01
16	88	3km Individual Race Men 20 - 29 years old	B1157	麥安生	MAK IAN	00:16:42	00:16:15
17	124	3km Individual Race Men 20 - 29 years old	B1114	詹俊維	CHIM CHUN WAI	00:18:08	00:17:53
18	130	3km Individual Race Men 20 - 29 years old	B1112	張琛琪	CHEUNG SUM KEI	00:18:22	00:18:16
19	155	3km Individual Race Men 20 - 29 years old	B1137	梁熙	LIANG XI	00:19:11	00:19:07
20	166	3km Individual Race Men 20 - 29 years old	B1103	陳浩然	CHAN HO YIN	00:19:42	00:19:26
21	202	3km Individual Race Men 20 - 29 years old	B1127		KWOK CHUN HEI	00:20:52	00:20:35
22	270	3km Individual Race Men 20 - 29 years old	B1102	陳梓涵	CHAN TSZ HAM KEN	00:23:13	00:22:50
23	297	3km Individual Race Men 20 - 29 years old	B1134	李志威	LEE CHI WAI	00:24:39	00:24:18
24	393	3km Individual Race Men 20 - 29 years old	B1146	黃啟軒	WONG KAI HIN	00:34:38	00:34:14
N/A	N/A	3km Individual Race Men 20 - 29 years old	B1162		LEUNG HO TIN MARTIN	DNS	DNS
N/A	N/A	3km Individual Race Men 20 - 29 years old	B1163	鄧兆霆	CHOW SIU TING	DNS	DNS
N/A	N/A	3km Individual Race Men 20 - 29 years old	B1156	麥安生	MAK ON SANG	DNS	DNS
N/A	N/A	3km Individual Race Men 20 - 29 years old	B1120		HO SIU HIN	DNS	DNS
N/A	N/A	3km Individual Race Men 20 - 29 years old	B1135		LEUNG CHING YIN	DNS	DNS

Rank Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1	2	3km Individual Race Men 30 - 39 years old	C1220		HO SAMUEL	00:09:53	00:09:51
2	4	3km Individual Race Men 30 - 39 years old	C1222		HU WEN HAN	00:10:04	00:10:02
3	6	3km Individual Race Men 30 - 39 years old	C1224	許焯彥	HUI DEREK	00:10:16	00:10:14
4	14	3km Individual Race Men 30 - 39 years old	C1202		CHAN LAI HO	00:11:38	00:11:33
5	17	3km Individual Race Men 30 - 39 years old	C1270	黃釗洪	WONG CHIU HUNG NELSON	00:11:54	00:11:52
6	24	3km Individual Race Men 30 - 39 years old	C1267	黃斯駿	WONG SZE CUN	00:12:22	00:12:15
7	26	3km Individual Race Men 30 - 39 years old	C1238	梁俊傑	LEUNG CHUN KIT	00:12:54	00:12:47
8	27	3km Individual Race Men 30 - 39 years old	C1250	龍振濤	LUNG CHUN TO	00:13:04	00:12:54
9	45	3km Individual Race Men 30 - 39 years old	C1247		LIU MINHONG	00:14:33	00:14:28
10	49	3km Individual Race Men 30 - 39 years old	C1217	郭仕明	GUO SHIMING, KEVEN	00:14:39	00:14:36
11	53	3km Individual Race Men 30 - 39 years old	C1229	林加利	LAM GARY	00:14:52	00:14:42
12	56	3km Individual Race Men 30 - 39 years old	C1295		PUN CHEUNG	00:15:06	00:15:01
13	73	3km Individual Race Men 30 - 39 years old	C1205	陳家偉	CHAN KA WAI	00:16:00	00:15:49
14	79	3km Individual Race Men 30 - 39 years old	C1210		CHEUNG JASON	00:16:17	00:16:03
15	84	3km Individual Race Men 30 - 39 years old	C1228	林朗笙	LAM LONG SANG	00:16:29	00:16:21
16	100	3km Individual Race Men 30 - 39 years old	C1225		KWOK YAT YIN	00:17:14	00:16:55
17	110	3km Individual Race Men 30 - 39 years old	C1256	譚志傑	TAM CHI KIT	00:17:33	00:17:17
18	113	3km Individual Race Men 30 - 39 years old	C1298		NG SIU HUNG	00:17:40	00:17:34
19	119	3km Individual Race Men 30 - 39 years old	C1300	蔡天富	CHOI TIN FU	00:17:55	00:17:39
20	136	3km Individual Race Men 30 - 39 years old	C1216		CHOW KAM HUNG	00:18:31	00:18:12
21	135	3km Individual Race Men 30 - 39 years old	C1209		CHEN YIJIE	00:18:31	00:18:23
22	137	3km Individual Race Men 30 - 39 years old	C1234	李子達	LEE TSZ TAT	00:18:33	00:18:26
23	145	3km Individual Race Men 30 - 39 years old	C1264	張尉	WAI SAM	00:18:46	00:18:37
24	147	3km Individual Race Men 30 - 39 years old	C1268	王冠龍	WONG KWUN LUNG THOMAS	00:18:48	00:18:37
25	151	3km Individual Race Men 30 - 39 years old	C1297	張光業	CHEUNG KWONG YIP	00:18:59	00:18:33
26	182	3km Individual Race Men 30 - 39 years old	C1286	容啟晉	YUNG KAI CHUN	00:20:14	00:20:05
27	187	3km Individual Race Men 30 - 39 years old	C1305		WAN TSZ HO	00:20:22	00:20:01
28	186	3km Individual Race Men 30 - 39 years old	C1306		YUNG CHEUK FAI	00:20:22	00:20:00
29	195	3km Individual Race Men 30 - 39 years old	C1303		CHENG KAM YIN	00:20:42	00:20:20
30	200	3km Individual Race Men 30 - 39 years old	C1203	陳永達	CHAN PHILIP	00:20:48	00:20:43
31	201	3km Individual Race Men 30 - 39 years old	C1282		YU WAI HO	00:20:52	00:20:47
32	203	3km Individual Race Men 30 - 39 years old	C1294		TSE YAN CHI	00:20:57	00:20:30
33	214	3km Individual Race Men 30 - 39 years old	C1304		NG HO LUN	00:21:15	00:20:53
34	216	3km Individual Race Men 30 - 39 years old	C1269	黃錦輝	WONG KAM FAI FERNANDO	00:21:19	00:21:09
35	241	3km Individual Race Men 30 - 39 years old	C1301		FUNG SZE YAT	00:22:12	00:21:57
36	337	3km Individual Race Men 30 - 39 years old	C1257		TANG KIT PAN	00:26:49	00:26:44
37	349	3km Individual Race Men 30 - 39 years old	C1258	杜志聰	TO CHI CHUNG	00:27:33	00:27:08
38	382	3km Individual Race Men 30 - 39 years old	C1302		TANG TUNG YI	00:31:04	00:30:43
39	404	3km Individual Race Men 30 - 39 years old	C1233		LEE CHASE	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	B1113		Spare	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	C1204	陳世鵬	CHAN SAI PANG	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	C1211	張樂天	CHEUNG LOK TIN	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	C1296		CHEUNG PUN	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	C1299		NG SIU HUNG	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	C1310	潘仲宏	POON CHUNG WANG	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	C1311	嚴鳳翩	YIM FUNG PIN	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	C1312	鄭宏業	CHENG WANG YIP	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	C1316		CHIU EDSSEL	DNS	DNS
N/A	N/A	3km Individual Race Men 30 - 39 years old	C1239	梁浚彥	LEUNG TSUN YIN JERRY	DNS	DNS

Rank Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1	3	3km Individual Race Men 40 - 49 years old	D1519		WATANABE YASUHIRO	00:09:54	00:09:52
2	7	3km Individual Race Men 40 - 49 years old	D1402		CHAN MICHAEL	00:10:22	00:10:18
3	9	3km Individual Race Men 40 - 49 years old	D1447	林健	LAM KIN	00:10:44	00:10:41
4	11	3km Individual Race Men 40 - 49 years old	D1523	黃偉廉	WONG WAI LIM WILLIAM	00:11:26	00:11:23
5	12	3km Individual Race Men 40 - 49 years old	D1516	溫子鵬	WAN TSZ PANG TIMOTHY	00:11:33	00:11:30
6	19	3km Individual Race Men 40 - 49 years old	D1462	梁迪康	LEUNG DICK HONG	00:12:01	00:11:59
7	29	3km Individual Race Men 40 - 49 years old	D1457	李家正	LEE KA CHING, MARCO	00:13:14	00:13:12
8	34	3km Individual Race Men 40 - 49 years old	D1461		LEUNG EDMUND	00:13:52	00:13:47
9	41	3km Individual Race Men 40 - 49 years old	D1403	陳啟明	CHAN KAI MING	00:14:23	00:14:17
10	46	3km Individual Race Men 40 - 49 years old	D1420		CHEUNG SPIKE	00:14:34	00:14:26
11	70	3km Individual Race Men 40 - 49 years old	D1448	林振宇	LAM CHUN YUE ANTHONY	00:15:49	00:15:44
12	97	3km Individual Race Men 40 - 49 years old	D1439		HUNG ALAN	00:17:05	00:17:01
13	96	3km Individual Race Men 40 - 49 years old	D1464		LEUNG HO WANG ERIC	00:17:05	00:17:01
14	98	3km Individual Race Men 40 - 49 years old	D1524	黃錦明	WONG KAM MING	00:17:07	00:17:03
15	125	3km Individual Race Men 40 - 49 years old	D1488		LUO MARVIN	00:18:11	00:18:00
16	129	3km Individual Race Men 40 - 49 years old	D1444	黎以樂	LAI YEE LOK	00:18:19	00:18:11
17	132	3km Individual Race Men 40 - 49 years old	D1456	羅傑城	LAW KIT SHING ANDY	00:18:26	00:18:13
18	162	3km Individual Race Men 40 - 49 years old	D1436		HO ROY	00:19:38	00:19:28
19	167	3km Individual Race Men 40 - 49 years old	D1475	林翔	LIN XIANG	00:19:44	00:19:39
20	184	3km Individual Race Men 40 - 49 years old	D1459	李兆俊	LEE SIU CHUN	00:20:16	00:20:05
21	190	3km Individual Race Men 40 - 49 years old	D1487		LUM GARY	00:20:29	00:20:26
22	192	3km Individual Race Men 40 - 49 years old	D1492	麥志樂	MAK CHI LOK	00:20:32	00:20:22
23	197	3km Individual Race Men 40 - 49 years old	D1559		LEE HUNG HEI	00:20:44	00:20:26
24	209	3km Individual Race Men 40 - 49 years old	D1419	張俊基	CHEUNG MARTIN	00:21:08	00:20:59
25	208	3km Individual Race Men 40 - 49 years old	D1455		LAUW FUT TO	00:21:08	00:21:02
26	222	3km Individual Race Men 40 - 49 years old	D1417	鄭振奮	CHENG CHUN FUN	00:21:24	00:21:16
27	247	3km Individual Race Men 40 - 49 years old	D1404	陳紹宇	CHAN SIU YU	00:22:25	00:22:14
28	254	3km Individual Race Men 40 - 49 years old	D1491	麥璋環	MAI WAI KING	00:22:40	00:22:29
29	268	3km Individual Race Men 40 - 49 years old	D1562	林英偉	LAM YING WAI	00:23:09	00:22:50
30	273	3km Individual Race Men 40 - 49 years old	D1445	黎劍聰	LAI KIM CHUNG	00:23:26	00:20:16
31	279	3km Individual Race Men 40 - 49 years old	D1560		HUI MAN PAN	00:23:40	00:23:23
32	327	3km Individual Race Men 40 - 49 years old	D1506	戴慈君	TAI CHI KWAN	00:26:02	00:25:46
33	348	3km Individual Race Men 40 - 49 years old	D1449		LAM WAI KIN	00:27:26	00:24:22
34	385	3km Individual Race Men 40 - 49 years old	D1520	溫紀祥	WEN JIXIANG	00:31:56	00:27:12
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1458	李志榮	LEE CHI WING	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1401	陳冠麟	CHAN KWUN PANG, STANLEY	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1428	鍾德舜	CHUNG TAK LUN	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1437	何文彪	HO MAN PIU	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1463	梁威豪	LEUNG WAI HOU	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1489	馬達俊	MA DAJUN	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1513	謝炎強	TSE YIM KEUNG KEITH	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1546	余肇麟	YU SIU LUN KEVIN	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1561		TONG TAI YIN	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1563	林燦輝	LIN CHAN FAI	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1564		CHENG CHI KONG	DNS	DNS
N/A	N/A	3km Individual Race Men 40 - 49 years old	D1566		CHAN TERRY	DNS	DNS

Rank Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1	15	3km Individual Race Men 50 - 59 years old	E1737		HUI YAT SHEUNG	00:11:39	00:11:39
2	18	3km Individual Race Men 50 - 59 years old	E1817	楊智	YEUNG CHI DANIEL	00:11:54	00:11:52
3	23	3km Individual Race Men 50 - 59 years old	E1820		YU KWONG CHEUNG	00:12:21	00:12:19
4	32	3km Individual Race Men 50 - 59 years old	E1776	馬錦華	MA KAM WAH	00:13:47	00:13:32
5	37	3km Individual Race Men 50 - 59 years old	E1757	梁冠榮	LEUNG KOON WING TIMOTHY	00:14:00	00:13:57
6	38	3km Individual Race Men 50 - 59 years old	E1741		KAM KENNETH HIU NGAI	00:14:05	00:14:04
7	50	3km Individual Race Men 50 - 59 years old	E1725	朱清俊	CHU CHING CHUN CHESTER	00:14:42	00:14:38
8	51	3km Individual Race Men 50 - 59 years old	E1768	劉成	LIU CHENG	00:14:47	00:14:43
9	61	3km Individual Race Men 50 - 59 years old	E1743	高益興	KO YIK HING	00:15:15	00:15:08
10	85	3km Individual Race Men 50 - 59 years old	E1802	黃觀光	WONG KOON KWONG KK	00:16:34	00:16:32
11	94	3km Individual Race Men 50 - 59 years old	E1795	蔡咏峰	TSOI WING FUNG	00:16:55	00:16:52
12	106	3km Individual Race Men 50 - 59 years old	E1716	卓君風	CHEUK KWAN FUNG VERNON	00:17:24	00:17:10
13	109	3km Individual Race Men 50 - 59 years old	E1836		CHAN FAI MING	00:17:33	00:17:32
14	117	3km Individual Race Men 50 - 59 years old	E1715	鄭國峰	CHENG KWOK FUNG	00:17:53	00:17:40
15	116	3km Individual Race Men 50 - 59 years old	E1703	陳金就	CHAN KAM CHAU	00:17:53	00:17:40
16	148	3km Individual Race Men 50 - 59 years old	E1796		TSUI KWAN KAM	00:18:49	00:18:46
17	157	3km Individual Race Men 50 - 59 years old	E1788	鄧漢新	TANG HON SUN	00:19:15	00:19:10
18	198	3km Individual Race Men 50 - 59 years old	E1793	曾宇英	TSANG YU YING	00:20:47	00:20:36
19	249	3km Individual Race Men 50 - 59 years old	E1841		CHAN SY	00:22:29	00:22:10
20	262	3km Individual Race Men 50 - 59 years old	E1834		POON SIMON	00:23:01	00:23:01
21	266	3km Individual Race Men 50 - 59 years old	E1702	陳子良	CHAN TSZ LEUNG	00:23:05	00:23:04
22	284	3km Individual Race Men 50 - 59 years old	E1782	彭健富	PANG KIN FU	00:24:00	00:23:49
23	283	3km Individual Race Men 50 - 59 years old	E1721	程萬勝	CHING MAN SHING	00:24:00	00:23:49
24	292	3km Individual Race Men 50 - 59 years old	E1761		LI KWOK WAI RAYMOND	00:24:27	00:24:23
25	339	3km Individual Race Men 50 - 59 years old	E1726	鍾啟仁	CHUNG KAI YAN RAYMOND	00:26:57	00:26:38
N/A	N/A	3km Individual Race Men 50 - 59 years old	E1835		CHEN SIMON	DQ	DQ
N/A	N/A	3km Individual Race Men 50 - 59 years old	E1755	羅敬波	LAW KING POR	DNS	DNS
N/A	N/A	3km Individual Race Men 50 - 59 years old	E1785	宋鎮國	SOONG CHUN KUO	DNS	DNS
N/A	N/A	3km Individual Race Men 50 - 59 years old	E1717	張文聲	CHEUNG MICHAEL	DNS	DNS
N/A	N/A	3km Individual Race Men 50 - 59 years old	E1756	梁健柱	LEUNG BILLY	DNS	DNS
N/A	N/A	3km Individual Race Men 50 - 59 years old	E1777	伍志強	NG PATRICK	DNS	DNS

Rank Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1	21	3km Individual Race Men 60 years old or above	F2001	陳國光	CHAN FORD	00:12:11	00:12:11
2	22	3km Individual Race Men 60 years old or above	F2005	鄭國麟	CHENG ALAN	00:12:17	00:12:15
3	28	3km Individual Race Men 60 years old or above	F2009	李群安	LEE KWAN ON	00:13:07	00:13:01
4	40	3km Individual Race Men 60 years old or above	F2014		WONG WAI CHIU CHARLES	00:14:18	00:14:15
5	58	3km Individual Race Men 60 years old or above	F2018	黃偉光	WONG WAI KWONG	00:15:08	00:15:08
6	65	3km Individual Race Men 60 years old or above	F2006	郭克平	KWOK KENT	00:15:27	00:15:25
7	115	3km Individual Race Men 60 years old or above	F2015	黃景寅	WONG KING YAN	00:17:52	00:17:40
8	173	3km Individual Race Men 60 years old or above	F2020	林棟材	LAM TUNG CHOI	00:19:51	00:19:35
9	181	3km Individual Race Men 60 years old or above	F2003	張惠康	CHANG WAI HONG	00:20:11	00:23:02
10	189	3km Individual Race Men 60 years old or above	F2013	沈泰	SHUM TAI	00:20:28	00:20:16
11	199	3km Individual Race Men 60 years old or above	F2012	盧海	LO HOI	00:20:47	00:20:36
12	234	3km Individual Race Men 60 years old or above	F2019		YAU PUI HUNG STANLEY	00:21:59	00:21:56
13	242	3km Individual Race Men 60 years old or above	F2007	賴英泉	LAI YING CHUEN	00:22:12	00:21:57
14	317	3km Individual Race Men 60 years old or above	F2011		LIANG KIN SANG	00:25:38	00:25:18
15	379	3km Individual Race Men 60 years old or above	F2004	周國啟	CHAU KWOK KAI	00:30:49	00:30:35
16	381	3km Individual Race Men 60 years old or above	F2010	李定元	LI DING YUEN, SIMON	00:31:01	00:30:49
17	401	3km Individual Race Men 60 years old or above	F2021		MA PAK LING	00:39:58	00:39:41
N/A	N/A	3km Individual Race Men 60 years old or above	F2002	陳志明	CHAN CHI MING	DNF	DNF
N/A	N/A	3km Individual Race Men 60 years old or above	F2016	王少強	WONG EDDIE	DNF	DNF
N/A	N/A	3km Individual Race Men 60 years old or above	F2008	林楚中	LAM CHOR CHUNG	DNS	DNS
N/A	N/A	3km Individual Race Men 60 years old or above	F2017	黃政翔	WONG CHING CHEUNG	DNS	DNS
N/A	N/A	3km Individual Race Men 60 years old or above	F2022	陳國贊	CHAN THOMAS	DNS	DNS

3km Individual Race Women

Rank Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1	118	3km Individual Race Women 16 - 19 years old	A1005	庄睿望	ZHUANG RUIJUN	00:17:53	00:17:41
2	340	3km Individual Race Women 16 - 19 years old	A1001	李雪兒	LAW CHEUK YIU	00:27:04	00:26:50
N/A	N/A	3km Individual Race Women 16 - 19 years old	A1002	李雪兒	LEE SUET YI	DNS	DNS

Rank Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1	30	3km Individual Race Women 20 - 29 years old	B1152	余吕天茵	YU LUI TIN YAN	00:13:17	00:13:13
2	63	3km Individual Race Women 20 - 29 years old	B1121	許燁穎	HUI IP WING	00:15:20	00:15:07
3	74	3km Individual Race Women 20 - 29 years old	B1150		YIP WAI TING	00:16:00	00:15:58
4	76	3km Individual Race Women 20 - 29 years old	B1151		YU SZE NGA	00:16:06	00:15:58
5	99	3km Individual Race Women 20 - 29 years old	B1140	石麗沙	SHEK LAI SHA	00:17:08	00:17:04
6	103	3km Individual Race Women 20 - 29 years old	B1109	陳昕語	CHAN YAN YU	00:17:22	00:17:10
7	105	3km Individual Race Women 20 - 29 years old	B1108	陳嘉儀	CHAN KA YEE	00:17:23	00:17:17
8	141	3km Individual Race Women 20 - 29 years old	B1142	蔡欣怡	TSAI YAN YEE	00:18:38	00:18:26
9	149	3km Individual Race Women 20 - 29 years old	B1130	劉詠琦	LAU WING KEI	00:18:51	00:18:39
10	152	3km Individual Race Women 20 - 29 years old	B1118	馮海盈	FUNG HOI YING	00:19:04	00:19:00
11	194	3km Individual Race Women 20 - 29 years old	B1104		CHAN EFFIE	00:20:37	00:20:25
12	226	3km Individual Race Women 20 - 29 years old	B1117		FUNG NGAN LING	00:21:29	00:21:09
13	231	3km Individual Race Women 20 - 29 years old	B1144		UTOMO NATHANIA	00:21:44	00:21:31
14	255	3km Individual Race Women 20 - 29 years old	B1129	林美娟	LAM MEI KUEN	00:22:44	00:22:32
15	257	3km Individual Race Women 20 - 29 years old	B1132		LAW PUI CHI	00:22:50	00:22:33
16	267	3km Individual Race Women 20 - 29 years old	B1138	羅美泳	LUO MEIYONG	00:23:06	00:22:42
17	281	3km Individual Race Women 20 - 29 years old	B1139	伍紫樂	NG TSZ LOK	00:23:42	00:23:33
18	295	3km Individual Race Women 20 - 29 years old	B1128	郭嘉惠	KWOK KA WAI	00:24:29	00:24:13
19	298	3km Individual Race Women 20 - 29 years old	B1106	陳梓童	CHAN TSZ TUNG REJINA	00:24:40	00:24:16
20	300	3km Individual Race Women 20 - 29 years old	B1123		HUNG TSZ TUNG	00:24:44	00:24:34
21	299	3km Individual Race Women 20 - 29 years old	B1107	陳渝桐	CHAN YU TUNG	00:24:44	00:24:21
22	341	3km Individual Race Women 20 - 29 years old	B1148		YAU CHING HA	00:27:20	00:27:01
23	394	3km Individual Race Women 20 - 29 years old	B1133	羅嘉寶	LAW GARBO	00:34:38	00:34:15
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1119	馮海盈	FUNG HOI YING, SUSANNA	DNS	DNS
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1105		CHAN HO YI	DNS	DNS
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1161	李子靜	LEE TSZ CHING	DNS	DNS
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1153	曾銀輝	ZENG YINHUI	DNS	DNS
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1143	周雪兒	CHOW SUET YI	DNS	DNS
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1125		Sun Jing	DNS	DNS
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1126		KOON NIM YING	DNS	DNS
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1147		WONG YIN YUK	DNS	DNS
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1136		LEUNG KA WU	DNS	DNS
N/A	N/A	3km Individual Race Women 20 - 29 years old	B1131	劉芷君	LAU TSZ KWAN	DNS	DNS

Rank Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
	1	3km Individual Race Women 30 - 39 years old	C1266		WANG ANGELA	00:11:41	00:11:37
	2	3km Individual Race Women 30 - 39 years old	C1283	俞智婕	YU GEORGIA	00:14:13	00:14:01
	3	3km Individual Race Women 30 - 39 years old	C1289		ZOU DORIS	00:15:07	00:14:54
	4	3km Individual Race Women 30 - 39 years old	C1265		WAN JOANNA	00:15:33	00:15:17
	5	3km Individual Race Women 30 - 39 years old	C1243	李曉蓮	LI XIAOLIAN	00:15:38	00:15:33
	6	3km Individual Race Women 30 - 39 years old	C1271	黃寶玲	WONG PO LING PAULINE	00:16:04	00:15:50
	7	3km Individual Race Women 30 - 39 years old	C1259		TONG NOK YI	00:16:21	00:16:11
	8	3km Individual Race Women 30 - 39 years old	C1244		LI HEYAN	00:16:48	00:16:34
	9	3km Individual Race Women 30 - 39 years old	C1287	曾惠妮	ZENG HUI NI	00:17:20	00:17:11
	10	3km Individual Race Women 30 - 39 years old	C1307	康雯瑄	KANG WENXUAN	00:17:47	00:17:34
	11	3km Individual Race Women 30 - 39 years old	C1253	吳翠玲	NG CHUI LING CHARLENE	00:17:57	00:17:44
	12	3km Individual Race Women 30 - 39 years old	C1308		WANG JIAYUAN	00:17:59	00:17:46
	13	3km Individual Race Women 30 - 39 years old	C1248	劉轉娣	LIU ZHUANDI	00:18:05	00:17:47
	14	3km Individual Race Women 30 - 39 years old	C1232	劉蔭美	LAU YAM MEI	00:18:11	00:18:07
	15	3km Individual Race Women 30 - 39 years old	C1318		CHAN TIN MEI	00:18:15	00:18:02
	16	3km Individual Race Women 30 - 39 years old	C1276	吳焱冰	WU YAOMBING	00:18:30	00:18:11
	17	3km Individual Race Women 30 - 39 years old	C1261		TSE GRACE	00:18:35	00:18:30
	18	3km Individual Race Women 30 - 39 years old	C1207		CHAN CHUNG YIN	00:18:45	00:18:37
	19	3km Individual Race Women 30 - 39 years old	C1246		LIN LILING	00:18:47	00:18:29
	20	3km Individual Race Women 30 - 39 years old	C1279		YAO YI KI	00:19:08	00:19:01
	21	3km Individual Race Women 30 - 39 years old	C1206	陳詩韻	CHAN SZE WAN SHARON	00:19:13	00:19:03
	22	3km Individual Race Women 30 - 39 years old	C1292		LU REN	00:19:35	00:16:28
	23	3km Individual Race Women 30 - 39 years old	C1242	梁耀允	LEUNG YIU WAN	00:19:47	00:19:41
	24	3km Individual Race Women 30 - 39 years old	C1273	黃曉琳	WONG HEI LAM MICHELLE	00:19:54	00:19:47
	25	3km Individual Race Women 30 - 39 years old	C1237		LEI KA HING	00:20:16	00:20:04
	26	3km Individual Race Women 30 - 39 years old	C1245	李偉儀	LI WEIYI	00:20:18	00:20:08
	27	3km Individual Race Women 30 - 39 years old	C1274	王妤心	WONG YU SUM	00:20:34	00:20:30
	28	3km Individual Race Women 30 - 39 years old	C1285		YUEN CAR	00:20:58	00:20:55
	29	3km Individual Race Women 30 - 39 years old	C1223	黃錦芬	HUANG JINFEN ECHO	00:21:10	00:21:05
	30	3km Individual Race Women 30 - 39 years old	C1272	黃銳花	WONG YUI FA	00:21:12	00:20:57
	31	3km Individual Race Women 30 - 39 years old	C1255	吳小翠	NG SIU CHUI	00:21:17	00:21:12
	32	3km Individual Race Women 30 - 39 years old	C1213		CHI YVONNE	00:21:21	00:21:09
	33	3km Individual Race Women 30 - 39 years old	C1275	黃佩珊	WONG PUI SHAN BECKY	00:21:25	00:21:17
	34	3km Individual Race Women 30 - 39 years old	C1227		LAI WING LAM VIVIAN	00:22:06	00:22:03
	35	3km Individual Race Women 30 - 39 years old	C1260	曾秀珊	TSANG SAU SHAN 曾秀珊	00:22:24	00:22:17
	36	3km Individual Race Women 30 - 39 years old	C1293		LI PUI YU	00:22:53	00:22:40
	37	3km Individual Race Women 30 - 39 years old	C1214	趙思越	CHIU SZE YUET	00:22:54	00:22:43
	38	3km Individual Race Women 30 - 39 years old	C1288	張綺淇	ZHANG QIQI	00:23:02	00:22:46
	39	3km Individual Race Women 30 - 39 years old	C1241	梁鍾翠	LEUNG CHUNG CHUI	00:23:05	00:22:59
	40	3km Individual Race Women 30 - 39 years old	C1254	吳詠芝	NG WING CHI	00:23:11	00:22:56
	41	3km Individual Race Women 30 - 39 years old	C1208	陳加	CHAN YU	00:23:16	00:23:09
	42	3km Individual Race Women 30 - 39 years old	C1263	董慧婷	TUNG WAI TING	00:23:36	00:23:20
	43	3km Individual Race Women 30 - 39 years old	C1290	黃倩文	WONG SIN MAN MANDY	00:23:42	00:23:35
	44	3km Individual Race Women 30 - 39 years old	C1251	莫玉芬	MO YUFEN	00:24:04	00:23:52
	45	3km Individual Race Women 30 - 39 years old	C1221	韓淑筠	HON TIFFANY	00:24:08	00:23:55
	46	3km Individual Race Women 30 - 39 years old	C1262	謝嘉詠	TSE KA WING	00:24:28	00:24:15
	47	3km Individual Race Women 30 - 39 years old	C1252	莫雯儀	MOK MAN YEE	00:24:36	00:24:23
	48	3km Individual Race Women 30 - 39 years old	C1212		CHEUNG TSZ KWAN	00:25:08	00:24:55
	49	3km Individual Race Women 30 - 39 years old	C1249	呂小貞	LU XIAOZHEN	00:25:44	00:25:32
	50	3km Individual Race Women 30 - 39 years old	C1231		LAU CHI MAN	00:25:59	00:25:44
	51	3km Individual Race Women 30 - 39 years old	C1226		KWOK MAGGIE	00:26:41	00:26:38
	52	3km Individual Race Women 30 - 39 years old	C1284	余皓昕	YU HO YAN	00:27:35	00:27:28
	53	3km Individual Race Women 30 - 39 years old	C1201	蔡美蘭	CAI MEILAN	00:33:06	00:33:02
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1219		HENG VIVIAN	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1240	梁汎翹	LEUNG SHUN LING NIKI	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1215	蔡少瑩	CHOI SIU YING	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1218	何洪清	HE HONGQING	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1235	李露文	LEE OI MAN	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1236	李蔚榕	LEE WAI YUNG ANGEL	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1230		LAU KITTY	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1277	吳雪蓮	WU XUELIAN	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1278	許鄂君	XU EJUN	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1280	易夢眉	YIK MUNG MEI	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1281	葉芳惠	YIP FONG WAI	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1291	于征	YU ZHENG	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1317	鄭紫筠	CHENG SOPHIA	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1313	黃詠珊	WONG WING SHAN	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1314		LEE MICHELLE	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1315	吳紫韻	NG TZE WAN	DNS	DNS
N/A	N/A	3km Individual Race Women 30 - 39 years old	C1309		LI DAN	DNS	DNS

Rank	Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1		36	3km Individual Race Women 40 - 49 years old	D1502		SHUM HITOMI	00:13:58	00:13:52
2		43	3km Individual Race Women 40 - 49 years old	D1549	袁葉芝	YUAN YEZHI	00:14:30	00:14:27
3		62	3km Individual Race Women 40 - 49 years old	D1412	陳泳文	CHAN WING MAN	00:15:20	00:15:20
4		67	3km Individual Race Women 40 - 49 years old	D1515	董建霞	TUNG KIN HAR	00:15:37	00:15:33
5		71	3km Individual Race Women 40 - 49 years old	D1465	梁群珊	LEUNG KWAN SHUI KAREN	00:15:50	00:15:46
6		77	3km Individual Race Women 40 - 49 years old	D1480	劉志紅	LIU ZHIHONG	00:16:13	00:16:07
7		78	3km Individual Race Women 40 - 49 years old	D1477	廖婉薇	LIU YUEN MEI VAN	00:16:15	00:16:11
8		81	3km Individual Race Women 40 - 49 years old	D1528	王慧怡	WONG WAI YEE, IDA	00:16:24	00:16:12
9		82	3km Individual Race Women 40 - 49 years old	D1510	曾艷群	TSANG YIM KWAN, WINNIE	00:16:24	00:16:15
10		86	3km Individual Race Women 40 - 49 years old	D1545		YIP LAI PIK	00:16:37	00:16:35
11		87	3km Individual Race Women 40 - 49 years old	D1471	李小燕	LI XIAOYAN	00:16:40	00:16:32
12		89	3km Individual Race Women 40 - 49 years old	D1432	方秋艷	FONG CHAU YIM, FLORA	00:16:42	00:16:38
13		90	3km Individual Race Women 40 - 49 years old	D1469	李清秀	LI QINGXIU	00:16:44	00:16:38
14		91	3km Individual Race Women 40 - 49 years old	D1507	譚明珠	TAN MINGZHU	00:16:45	00:16:33
15		95	3km Individual Race Women 40 - 49 years old	D1485	龍敬	LONG MIN	00:16:57	00:16:54
16		101	3km Individual Race Women 40 - 49 years old	D1530	黃燕嬌	WONG YIN KIU	00:17:19	00:17:19
17		104	3km Individual Race Women 40 - 49 years old	D1406	陳桂芳	CHAN KWAI FONG	00:17:23	00:17:14
18		108	3km Individual Race Women 40 - 49 years old	D1525	黃潤珊	WONG YUN SHAN	00:17:28	00:17:24
19		111	3km Individual Race Women 40 - 49 years old	D1557	鍾凱珊	CHUNG HOI SHAN	00:17:36	00:17:28
20		112	3km Individual Race Women 40 - 49 years old	D1405	陳韻芳	CHAN WAN FONG	00:17:38	00:17:31
21		122	3km Individual Race Women 40 - 49 years old	D1522	溫清娣	WEN QINDI	00:18:04	00:18:02
22		133	3km Individual Race Women 40 - 49 years old	D1407	陳嘉樂	CHAN KA LOK	00:18:30	00:18:21
23		142	3km Individual Race Women 40 - 49 years old	D1493	毛穎雅	MAO HAOYA	00:18:42	00:18:21
24		143	3km Individual Race Women 40 - 49 years old	D1512		TSANG WING MUI AMY	00:18:43	00:18:39
25		150	3km Individual Race Women 40 - 49 years old	D1521	文愛平	WEN AI PING, TINA	00:18:54	00:18:53
26		153	3km Individual Race Women 40 - 49 years old	D1490	馬錦驪	MA KAMLAI	00:19:05	00:18:48
27		158	3km Individual Race Women 40 - 49 years old	D1543	楊小玉	YEUNG SIU YUK	00:19:18	00:19:08
28		159	3km Individual Race Women 40 - 49 years old	D1542	楊雅麗	YEUNG DIANE	00:19:22	00:19:18
29		160	3km Individual Race Women 40 - 49 years old	D1558	閔榮	MIN RONG	00:19:33	00:19:29
30		163	3km Individual Race Women 40 - 49 years old	D1541	葉芳蕊	YE FANGYI	00:19:39	00:19:33
31		165	3km Individual Race Women 40 - 49 years old	D1423	錢麗儀	CHIN LAI YEE	00:19:41	00:19:31
32		168	3km Individual Race Women 40 - 49 years old	D1483	劉茜	LIU QIAN	00:19:46	00:19:40
33		169	3km Individual Race Women 40 - 49 years old	D1411	陳淑芳	CHAN SHUK FONG	00:19:47	00:19:44
34		171	3km Individual Race Women 40 - 49 years old	D1526		WONG JANET	00:19:49	00:19:45
35		174	3km Individual Race Women 40 - 49 years old	D1446	黎芳伶	LAI FONG LING	00:19:53	00:19:37
36		176	3km Individual Race Women 40 - 49 years old	D1503	沈謙延	SHUM YIN TING	00:19:59	00:19:49
37		177	3km Individual Race Women 40 - 49 years old	D1452	劉頌恩	LAU CHUNG YAN	00:20:00	00:19:52
38		191	3km Individual Race Women 40 - 49 years old	D1438		HO YIN	00:20:30	00:20:20
39		196	3km Individual Race Women 40 - 49 years old	D1494		NG SAU YING	00:20:43	00:20:31
40		206	3km Individual Race Women 40 - 49 years old	D1451		LAU WAI MUN	00:21:00	00:21:00
41		207	3km Individual Race Women 40 - 49 years old	D1426		CHOW BO CHI CHERRIE	00:21:03	00:20:57
42		211	3km Individual Race Women 40 - 49 years old	D1509	陶開鳳	TAO KAIFENG, KELLY	00:21:11	00:21:04
43		213	3km Individual Race Women 40 - 49 years old	D1433	馮曉榆	FUNG HIU YU SHERMING	00:21:13	00:21:01
44		219	3km Individual Race Women 40 - 49 years old	D1486	陸安麗	LUK ON LAI	00:21:23	00:21:21
45		220	3km Individual Race Women 40 - 49 years old	D1536	顏永珍	YAN YONGZHEN	00:21:23	00:21:08
46		223	3km Individual Race Women 40 - 49 years old	D1482	廖碧群	LIU PIK KWAN	00:21:25	00:21:11
47		225	3km Individual Race Women 40 - 49 years old	D1504		SU HAIYAN	00:21:27	00:21:12
48		229	3km Individual Race Women 40 - 49 years old	D1514	徐小蘭	TSUI SIU LAN	00:21:35	00:21:21
49		232	3km Individual Race Women 40 - 49 years old	D1478	柳靜	LIU JING	00:21:47	00:21:29
50		233	3km Individual Race Women 40 - 49 years old	D1453	劉云	LAU WAN	00:21:57	00:21:49
51		235	3km Individual Race Women 40 - 49 years old	D1460	李明茜	LEE MING SAI	00:22:00	00:21:47
52		237	3km Individual Race Women 40 - 49 years old	D1529	黃巧蘭	WONG HAU LAN	00:22:02	00:21:50
53		238	3km Individual Race Women 40 - 49 years old	D1505		SULISTIANI priscilla	00:22:04	00:22:00
54		246	3km Individual Race Women 40 - 49 years old	D1551	張秀華	ZHANG XIUHUA	00:22:25	00:19:17
55		248	3km Individual Race Women 40 - 49 years old	D1544	閔畏	YIM WAI	00:22:27	00:22:09
56		251	3km Individual Race Women 40 - 49 years old	D1540	邱芳香	YAU FONG HEUNG	00:22:34	00:22:22
57		253	3km Individual Race Women 40 - 49 years old	D1535	向琮珍	XIANG QIONGZHEN	00:22:39	00:22:28
58		256	3km Individual Race Women 40 - 49 years old	D1499	丘瑞英	QIU RUIYING	00:22:50	00:22:37
59		260	3km Individual Race Women 40 - 49 years old	D1431	方圓	FANG YUAN	00:22:58	00:22:54
60		261	3km Individual Race Women 40 - 49 years old	D1416		CHEN MEILI	00:23:01	00:22:55
61		276	3km Individual Race Women 40 - 49 years old	D1554		TO YIU	00:23:30	00:23:13
62		282	3km Individual Race Women 40 - 49 years old	D1552		ZHAO LINGLING	00:23:48	00:23:29
63		287	3km Individual Race Women 40 - 49 years old	D1425	蔡雁慶	CHOI NGAN HING	00:24:11	00:24:03
64		289	3km Individual Race Women 40 - 49 years old	D1415	陳家雪	CHEN JIAXUE	00:24:18	00:24:18
65		301	3km Individual Race Women 40 - 49 years old	D1511	曾敏霞	TSANG MAN HA	00:24:48	00:24:34
66		302	3km Individual Race Women 40 - 49 years old	D1430	范國惠	FAN KWOK WAI	00:24:48	00:24:36
67		306	3km Individual Race Women 40 - 49 years old	D1518		LAM YIN LING	00:25:06	00:24:48
68		308	3km Individual Race Women 40 - 49 years old	D1533	伍小燕	WU XIAO YAN	00:25:09	00:25:03
69		310	3km Individual Race Women 40 - 49 years old	D1441	鄺少琴	KUANG SHAOQIN, KENNY	00:25:13	00:25:09
70		314	3km Individual Race Women 40 - 49 years old	D1470	李保紅	LI PO HUNG	00:25:35	00:25:34
71		324	3km Individual Race Women 40 - 49 years old	D1527	黃月嫻	WONG YUET SIM	00:25:58	00:25:55
72		326	3km Individual Race Women 40 - 49 years old	D1517	溫滋雅	WAN YUEN NGA	00:26:02	00:25:46
73		328	3km Individual Race Women 40 - 49 years old	D1556		LIU MEINA	00:26:10	00:26:04
74		330	3km Individual Race Women 40 - 49 years old	D1450		LAM HEIDI	00:26:19	00:23:04
75		331	3km Individual Race Women 40 - 49 years old	D1497		NGOK JENNY	00:26:19	00:23:05
76		332	3km Individual Race Women 40 - 49 years old	D1532	王麗娜	WONG LAI NA	00:26:21	00:26:14
77		344	3km Individual Race Women 40 - 49 years old	D1547	袁樂華	YUAN YUAN	00:27:22	00:27:07
78		346	3km Individual Race Women 40 - 49 years old	D1427	張天實	CHUENG TIN PAN	00:27:13	00:27:13
79		351	3km Individual Race Women 40 - 49 years old	D1410	陳潤明	CHAN YUN MING	00:27:40	00:27:25
80		352	3km Individual Race Women 40 - 49 years old	D1495		NG GORETTI	00:27:41	00:27:36
81		353	3km Individual Race Women 40 - 49 years old	D1498	丘群英	QIU QUNYING	00:27:47	00:27:33
82		354	3km Individual Race Women 40 - 49 years old	D1501	師睿	SHI GRACE	00:27:48	00:27:31
83		355	3km Individual Race Women 40 - 49 years old	D1474	廖文娥	LIAO WENE	00:27:52	00:27:36
84		357	3km Individual Race Women 40 - 49 years old	D1537	楊子娟	YANG ZIJUAN	00:28:09	00:27:58
85		360	3km Individual Race Women 40 - 49 years old	D1472	李彩紅	LI CHOI HUNG	00:28:26	00:28:12
86		361	3km Individual Race Women 40 - 49 years old	D1476	林紅菊	LIN HONGJU	00:28:30	00:28:15
87		362	3km Individual Race Women 40 - 49 years old	D1421	張衛平	CHUENG WAI PING	00:28:33	00:28:18
88		366	3km Individual Race Women 40 - 49 years old	D1466	梁洛瑜	LEUNG LOK YU	00:28:52	00:28:43

89	367	3km Individual Race Women 40 - 49 years old	D1422	詹笑銀	CHIM SIU NGAN	00:28:52	00:28:43
90	369	3km Individual Race Women 40 - 49 years old	D1531	王薇娜	WONG MEI NA	00:29:06	00:28:57
91	370	3km Individual Race Women 40 - 49 years old	D1481	劉衛蘭	LIU WEIKAI	00:29:42	00:24:59
92	377	3km Individual Race Women 40 - 49 years old	D1473	李秀蘭	LI SAU LAN	00:30:35	00:30:24
93	378	3km Individual Race Women 40 - 49 years old	D1539	姚佩鑫	YAO PEIXIN	00:30:36	00:30:33
94	383	3km Individual Race Women 40 - 49 years old	D1496	吳彩麗	NG CHOI LAI CHERRY	00:31:20	00:28:02
95	384	3km Individual Race Women 40 - 49 years old	D1454	劉秀珠	LAU SAU CHU	00:31:47	00:31:32
96	395	3km Individual Race Women 40 - 49 years old	D1500	容君梅	RONG JUNMEI	00:35:23	00:32:19
97	403	3km Individual Race Women 40 - 49 years old	D1538	楊敬	YANG MING	00:41:46	00:41:32
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1440	熊藝軍	HUNG NGAI KWAN	DNF	DNF
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1443	郭婉雯	KWOK YUEN SHEUNG	DQ	DQ
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1467	李慧詩	LI WAI SZE, MABEL	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1409	陳柳萍	CHAN LAU PING	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1508	唐麗均	TANG LIJUN	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1548	袁美玲	YUAN MEILING	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1550	曾喜花	ZENG XIHUA	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1553	鍾秋梅	ZHONG QIUMEI	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1534	吳培云	WU PEIYUN	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1442	龔楓羿	KUNG FUNG NGAI	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1424	蔡頌燕	CHOI CHUNG YIN ANGEL	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1434	管芷妹	GUAN ZHENGMEI	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1435	何燕美	HE YANMEI	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1429	丁宇	DING YU	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1484		LO SIU PO	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1479	劉綺娜	LIU QINA	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1468		WU CHOI TING	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1408		CHAN HAU LAM PIANN	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1418	鄭芳婷	CHENG FONG TING	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1413	陳瑞玲	CHAN SUI LING	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1414		TSANG SIU LAI	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1555		CHEN MEINA	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1567		CHAN NATALIE	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1568		CHAN CRYSTAL	DNS	DNS
N/A	N/A	3km Individual Race Women 40 - 49 years old	D1565		LI IRIS	DNS	DNS

Rank	Categories	Rank Overall	Race Categories Name	Bib No.	Name_Chi	Name_Eng	Official Time	Chip Time
1		35	3km Individual Race Women 50 years old or above	E1747	郭嘉玲	KWOK KA LING LILLIAN	00:13:53	00:13:51
2		42	3km Individual Race Women 50 years old or above	E1794	曾于雯	TSANG YU MAN	00:14:27	00:14:24
3		48	3km Individual Race Women 50 years old or above	E1731	馮美鳳	FUNG MEI FUNG JENNY	00:14:35	00:14:34
4		47	3km Individual Race Women 50 years old or above	E1779	伍永虹	NG WING HUNG	00:14:35	00:14:35
5		55	3km Individual Race Women 50 years old or above	E1792	唐丹華	TONG CRYSTAL	00:15:03	00:15:01
6		60	3km Individual Race Women 50 years old or above	E1748	林明	LAM MING ZOE	00:15:12	00:15:11
7		64	3km Individual Race Women 50 years old or above	E1813	邱月兒	YAU YUET YEE	00:15:24	00:15:21
8		93	3km Individual Race Women 50 years old or above	E1814	游敬霞	YAU JONI	00:16:52	00:16:48
9		107	3km Individual Race Women 50 years old or above	E1762	李凡	LI FAN, FANNIE	00:17:24	00:17:13
10		128	3km Individual Race Women 50 years old or above	E1819	銀小清	YIN XIAOQING	00:18:18	00:18:07
11		131	3km Individual Race Women 50 years old or above	E1790	唐琮瑤	TONG KING YIU	00:18:25	00:18:23
12		139	3km Individual Race Women 50 years old or above	E1808	黃慶珠	WONG HING CHU	00:18:37	00:18:21
13		140	3km Individual Race Women 50 years old or above	E1734	向煥帶	HEUNG WUN TAI	00:18:37	00:18:17
14		164	3km Individual Race Women 50 years old or above	E1786	施映紅	SZE YING HUNG	00:19:39	00:19:35
15		172	3km Individual Race Women 50 years old or above	E1769		LIU KWAI KING	00:19:51	00:19:32
16		178	3km Individual Race Women 50 years old or above	E1738	洪于洋	HUNG YU YEUNG	00:20:05	00:19:59
17		179	3km Individual Race Women 50 years old or above	E1805		WONG PAULINE	00:20:08	00:19:52
18		180	3km Individual Race Women 50 years old or above	E1752	林祥燕	LAM CHEUNG YIN	00:20:10	00:20:09
19		188	3km Individual Race Women 50 years old or above	E1709	陳艷芳	CHAN YIM FONG	00:20:26	00:20:17
20		205	3km Individual Race Women 50 years old or above	E1791	唐慧瑩	TONG WAI YING JENNY	00:20:59	00:20:55
21		218	3km Individual Race Women 50 years old or above	E1825	翁玉娟	YUNG YUK KUEN	00:21:21	00:21:12
22		221	3km Individual Race Women 50 years old or above	E1766	李美新	LI MEIXIN	00:21:23	00:21:19
23		227	3km Individual Race Women 50 years old or above	E1810	吳枚金	WU HUIJIN	00:21:33	00:21:15
24		228	3km Individual Race Women 50 years old or above	E1714	陳明會	CHEN MINGHUI	00:21:33	00:21:31
25		230	3km Individual Race Women 50 years old or above	E1837	陳頌琳	CHAN CHUNG LIN	00:21:43	00:21:32
26		236	3km Individual Race Women 50 years old or above	E1840		TONG YUMI	00:22:00	00:21:39
27		240	3km Individual Race Women 50 years old or above	E1809		WU WING MAN	00:22:10	00:22:07
28		243	3km Individual Race Women 50 years old or above	E1774	勞英團	LO YING TUEN	00:22:15	00:22:07
29		244	3km Individual Race Women 50 years old or above	E1789	田華	TIN WA	00:22:18	00:22:14
30		250	3km Individual Race Women 50 years old or above	E1798	溫玉珍	WAN YUK CHUN	00:22:33	00:22:27
31		252	3km Individual Race Women 50 years old or above	E1818	楊蘭	YEUNG LAN	00:22:38	00:22:19
32		265	3km Individual Race Women 50 years old or above	E1728	樊佩娟	FAN PUI KUEN	00:23:05	00:22:51
33		272	3km Individual Race Women 50 years old or above	E1833		CHAN NGA CHI	00:23:17	00:23:01
34		274	3km Individual Race Women 50 years old or above	E1830		SZE TO WAI HAN	00:23:28	00:23:21
35		275	3km Individual Race Women 50 years old or above	E1821		YU TSUI MEI JANICE	00:23:28	00:23:21
36		278	3km Individual Race Women 50 years old or above	E1832		HUI KWAN	00:23:37	00:23:33
37		288	3km Individual Race Women 50 years old or above	E1811	許鶯	XU LUCY	00:24:14	00:23:53
38		290	3km Individual Race Women 50 years old or above	E1800	王華	WANG HUA	00:24:18	00:24:09
39		291	3km Individual Race Women 50 years old or above	E1751	林翠翠	LAM CHUI CHUI	00:24:20	00:24:11
40		294	3km Individual Race Women 50 years old or above	E1807	黃玉霞	WONG YUK HA, ELAINE	00:24:28	00:24:20
41		303	3km Individual Race Women 50 years old or above	E1829		WONG CHAN SAMRID	00:24:49	00:24:41
42		304	3km Individual Race Women 50 years old or above	E1801	王思桃	WANG SITAO	00:24:51	00:24:51
43		305	3km Individual Race Women 50 years old or above	E1764	李琦	LI KEI	00:24:51	00:24:47
44		309	3km Individual Race Women 50 years old or above	E1816	游燕霞	YAU YIN HA	00:25:10	00:25:00
45		311	3km Individual Race Women 50 years old or above	E1765		LI CHUN CHUN	00:25:16	00:25:11
46		312	3km Individual Race Women 50 years old or above	E1736		HOW VERSA	00:25:25	00:25:07
47		313	3km Individual Race Women 50 years old or above	E1720	張春蘭	CHEUNG CHUN LAN	00:25:34	00:25:28
48		315	3km Individual Race Women 50 years old or above	E1797		TUNG PIK SIN	00:25:36	00:25:36
49		316	3km Individual Race Women 50 years old or above	E1759	梁婉芬	LEUNG YUEN FUN CARA	00:25:37	00:25:25
50		318	3km Individual Race Women 50 years old or above	E1735		HO KIT Y A N	00:25:44	00:25:25
51		320	3km Individual Race Women 50 years old or above	E1745		KUNG SACHIKO	00:25:45	00:25:27
52		321	3km Individual Race Women 50 years old or above	E1706	陳碧玲	CHAN PIK LING	00:25:46	00:25:31
53		322	3km Individual Race Women 50 years old or above	E1771	廖素鈺	LIU SO YUK	00:25:47	00:25:35
54		323	3km Individual Race Women 50 years old or above	E1708	陳少萍	CHAN SIU PING	00:25:53	00:25:45
55		329	3km Individual Race Women 50 years old or above	E1701	歐陽淑媚	AU YEUNG SHUK MEE PAULINA	00:26:15	00:26:06
56		333	3km Individual Race Women 50 years old or above	E1780	吳曉珊	NG HIU SHAN	00:26:26	00:26:11
57		334	3km Individual Race Women 50 years old or above	E1705	陳虹	CHAN ANNA	00:26:28	00:26:18
58		335	3km Individual Race Women 50 years old or above	E1719	張英	CHEUNG YING	00:26:40	00:26:35
59		338	3km Individual Race Women 50 years old or above	E1742		KEUNG LAI SAU	00:26:54	00:26:43
60		342	3km Individual Race Women 50 years old or above	E1806	王素萍	WONG SO PING PECKY	00:27:21	00:27:04
61		343	3km Individual Race Women 50 years old or above	E1746	龔端麗	KUNG SHUI HA, ANNIS	00:27:21	00:27:12
62		345	3km Individual Race Women 50 years old or above	E1824	于寶玉	YU BO YUK MARINE	00:27:23	00:27:09
63		347	3km Individual Race Women 50 years old or above	E1812	姚麗	YAO LI	00:27:26	00:27:19
64		356	3km Individual Race Women 50 years old or above	E1729	方少文	FONG SIU MAN	00:28:07	00:28:00
65		358	3km Individual Race Women 50 years old or above	E1831		SO WAI YEE DORIS	00:28:15	00:28:09
66		359	3km Individual Race Women 50 years old or above	E1753	林子晶	LAM SZE CHING	00:28:21	00:28:02
67		363	3km Individual Race Women 50 years old or above	E1781	伍鳳娟	NG FUNG KUEN	00:28:40	00:28:37
68		364	3km Individual Race Women 50 years old or above	E1772	劉國英	LIU GUOYING	00:28:44	00:28:41
69		365	3km Individual Race Women 50 years old or above	E1826	周小燕	ZHOU XIAOYAN	00:28:48	00:28:41
70		368	3km Individual Race Women 50 years old or above	E1778	吳巧芳	NG HAU FONG, MENDY	00:28:54	00:28:33
71		371	3km Individual Race Women 50 years old or above	E1732	郭善甄	GUO SHAN ZHEN	00:29:44	00:29:26
72		372	3km Individual Race Women 50 years old or above	E1724	蔡玉顏	CHOY YUK NGAN	00:29:50	00:29:42
73		373	3km Individual Race Women 50 years old or above	E1784	蘇燕霞	SO YIN HA	00:29:54	00:29:45
74		374	3km Individual Race Women 50 years old or above	E1740	葉文芳	IP MAN FONG, RITA	00:29:59	00:29:53
75		375	3km Individual Race Women 50 years old or above	E1727	許麗英	CO LAI YING	00:30:08	00:30:01
76		376	3km Individual Race Women 50 years old or above	E1713		CHAU CHIU YING	00:30:20	00:30:00
77		380	3km Individual Race Women 50 years old or above	E1773	羅月眉	LO YUET MI BRENDA	00:31:01	00:30:51
78		386	3km Individual Race Women 50 years old or above	E1804	黃偉芳	WONG WAI FONG	00:32:28	00:32:06
79		387	3km Individual Race Women 50 years old or above	E1827	黃琴u	HUANG QIN	00:32:38	00:32:21
80		388	3km Individual Race Women 50 years old or above	E1828		WAN SUK HA	00:32:44	00:32:34
81		391	3km Individual Race Women 50 years old or above	E1744	江瑞嫻	KONG SHUI TAI,SHIRLEY	00:33:10	00:33:07
82		392	3km Individual Race Women 50 years old or above	E1787	譚玉青	TAM YUK CHING	00:33:31	00:33:08
83		396	3km Individual Race Women 50 years old or above	E1783	蘇稚茵	SO CHI YAN	00:35:58	00:35:34
84		397	3km Individual Race Women 50 years old or above	E1803	黃小玲	WONG SIU LING	00:39:21	00:39:19
85		398	3km Individual Race Women 50 years old or above	E1750	林瑩	LAM YING	00:39:26	00:39:01
86		399	3km Individual Race Women 50 years old or above	E1767	林紫生	LIN ZI SHENG	00:39:32	00:39:12
87		400	3km Individual Race Women 50 years old or above	E1749	林英儂	LAM CORINNA	00:39:52	00:39:31
N/A		N/A	3km Individual Race Women 50 years old or above	E1722	趙碧君	CHIU PIK KWAN	DNF	DNF

N/A	N/A	3km Individual Race Women 50 years old or above	E1822	喻安菊	YU ON KUK	DQ	DQ
N/A	N/A	3km Individual Race Women 50 years old or above	E1775	盧鈺芬	LO YUK FUN	DQ	DQ
N/A	N/A	3km Individual Race Women 50 years old or above	E1823	余慧明	YU YEE MING	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1799		LAU WAI CHING IRIS	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1815	邱禮娟	YAU LAI KUEN	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1718	張美嫻	CHEUNG MEI HAN	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1723		CHIU MEI CHU	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1710		CHANG JESSICA	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1711	張和和	CHANG HO HO	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1712	周義鳳	CHAU YEE FUNG	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1739	洪于洋	HUNG YU YEUNG HELEN	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1730	馮翠琼	FUNG CHUI KING	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1733	何然瓊	HE RAN QJONG	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1754		LAU MEI SZE CINDERELLA	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1760	梁胡燕貞	LEUNG WOO YIN CHING TRICA	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1758	梁佩年	LEUNG PUI NIN KARIN	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1763	李茵茵	LI YAN YAN	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1770	廖麗華	LIU LAI WA	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1707	陳路佳	CHAN LO KAI	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1704	陳小玲	CHAN SIU LING	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1838	胡淑燕	WU SHUK YIN WINDY	DNS	DNS
N/A	N/A	3km Individual Race Women 50 years old or above	E1839	梁惠萍	LEUNG WAI PING	DNS	DNS