

## 10km Individual Race Men

| Rank Categories | Rank Overall | Race Categories Name                       | Bib No. | Name_Chi | Name_Eng              | Official Time | Chip Time |
|-----------------|--------------|--|---------|----------|-----------------------|---------------|-----------|
| 1               | 26           | 10km Individual Race Men 16 - 19 years old | A0007   | 曾慶韜      | ZENG QINGTAO          | 00:42:59      | 00:42:50  |
| 2               | 117          | 10km Individual Race Men 16 - 19 years old | A0004   |          | LING LONG CHING       | 00:51:50      | 00:51:32  |
| 3               | 217          | 10km Individual Race Men 16 - 19 years old | A0003   |          | LAW CHEUK HO          | 01:00:22      | 01:00:09  |
| 4               | 269          | 10km Individual Race Men 16 - 19 years old | A0006   | 翁溢禧      | YUNG JONATHAN YAT HEI | 01:04:01      | 01:03:49  |
| N/A             | N/A          | 10km Individual Race Men 16 - 19 years old | A0002   | 江智康      | KONG CHI HONG         | DNS           | DNS       |

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|-----------------|--------------|--|---------|----------|---------------------|---------------|-----------|
| 1               | 2            | 10km Individual Race Men 20 - 29 years old | B0120   |          | CHOW LEUNG WANG     | 00:37:41      | 00:37:37  |
| 2               | 4            | 10km Individual Race Men 20 - 29 years old | B0104   |          | CHAN CHUN HEI       | 00:38:04      | 00:37:59  |
| 3               | 7            | 10km Individual Race Men 20 - 29 years old | B0165   | 楊浩恩      | YEUNG HO YAN        | 00:39:23      | 00:39:17  |
| 4               | 9            | 10km Individual Race Men 20 - 29 years old | B0161   | 黃首睿      | WONG SAU YUI        | 00:39:49      | 00:39:44  |
| 5               | 11           | 10km Individual Race Men 20 - 29 years old | B0137   | 劉冠良      | LAU KWUN LEUNG      | 00:39:52      | 00:39:47  |
| 6               | 13           | 10km Individual Race Men 20 - 29 years old | B0119   |          | CHOI HO TIN         | 00:39:57      | 00:39:41  |
| 7               | 15           | 10km Individual Race Men 20 - 29 years old | B0103   | 陳一帆      | CHAN YAT FAN        | 00:40:13      | 00:40:06  |
| 8               | 20           | 10km Individual Race Men 20 - 29 years old | B0122   |          | CHUI ROY            | 00:41:05      | 00:40:39  |
| 9               | 35           | 10km Individual Race Men 20 - 29 years old | B0166   | 葉亮平      | YIP LEONG PING      | 00:43:41      | 00:43:34  |
| 10              | 36           | 10km Individual Race Men 20 - 29 years old | B0140   | 李梓誠      | LI TSZ SHING        | 00:43:43      | 00:43:29  |
| 11              | 44           | 10km Individual Race Men 20 - 29 years old | B0116   | 趙漢龍      | CHIU HON LUNG       | 00:44:53      | 00:44:42  |
| 12              | 55           | 10km Individual Race Men 20 - 29 years old | B0102   |          | CHAN CALVIN KA WAI  | 00:45:47      | 00:45:39  |
| 13              | 71           | 10km Individual Race Men 20 - 29 years old | B0133   | 藍大為      | LAM TAI WAI         | 00:47:28      | 00:47:13  |
| 14              | 79           | 10km Individual Race Men 20 - 29 years old | B0105   |          | CHAN CHUN HIN       | 00:48:25      | 00:48:07  |
| 15              | 90           | 10km Individual Race Men 20 - 29 years old | B0131   | 黎顯榮      | LAI HIN WING HARRIS | 00:49:12      | 00:49:07  |
| 16              | 93           | 10km Individual Race Men 20 - 29 years old | B0141   | 林添恩      | LIN TIEN EN         | 00:49:46      | 00:49:40  |
| 17              | 98           | 10km Individual Race Men 20 - 29 years old | B0154   | 譚振威      | TAM CHUN WAI        | 00:49:57      | 00:46:32  |
| 18              | 103          | 10km Individual Race Men 20 - 29 years old | B0157   |          | TAY CHUNG HIN       | 00:50:26      | 00:50:11  |
| 19              | 106          | 10km Individual Race Men 20 - 29 years old | B0158   |          | TONG MAN CHING      | 00:50:40      | 00:50:19  |
| 20              | 112          | 10km Individual Race Men 20 - 29 years old | B0136   | 劉永健      | LAU WING KIN        | 00:51:15      | 00:50:58  |
| 21              | 115          | 10km Individual Race Men 20 - 29 years old | B0139   | 李子健      | LEE TSZ KIN         | 00:51:33      | 00:51:17  |
| 22              | 119          | 10km Individual Race Men 20 - 29 years old | B0168   | 關耀雋      | KWAN YIU TSUN LEO   | 00:51:54      | 00:51:40  |
| 23              | 125          | 10km Individual Race Men 20 - 29 years old | B0115   | 趙葵滋      | CHIU KWAI HO        | 00:52:28      | 00:52:21  |
| 24              | 138          | 10km Individual Race Men 20 - 29 years old | B0150   |          | POON CHUN YIN       | 00:53:36      | 00:53:22  |
| 25              | 142          | 10km Individual Race Men 20 - 29 years old | B0156   | 鄧梓愷      | TANG TSZ SENG       | 00:53:58      | 00:53:34  |
| 26              | 165          | 10km Individual Race Men 20 - 29 years old | B0162   | 黃子銘      | WONG TSZ MING       | 00:55:48      | 00:55:33  |
| 27              | 173          | 10km Individual Race Men 20 - 29 years old | B0117   | 趙敬熙      | CHIU KING HEI       | 00:56:17      | 00:55:59  |
| 28              | 183          | 10km Individual Race Men 20 - 29 years old | B0110   | 陳俊樺      | CHAN CHUN TING TONY | 00:57:26      | 00:57:15  |
| 29              | 213          | 10km Individual Race Men 20 - 29 years old | B0101   |          | ASHISH TEJPAL       | 00:59:57      | 00:59:41  |
| 30              | 273          | 10km Individual Race Men 20 - 29 years old | B0121   | 莊旭鈞      | CHUANG YUK KWAN     | 01:04:13      | 01:03:45  |
| 31              | 283          | 10km Individual Race Men 20 - 29 years old | B0111   | 陳浩楠      | CHAN HO NAM         | 01:05:31      | 01:05:05  |
| 32              | 308          | 10km Individual Race Men 20 - 29 years old | B0106   |          | CHAN CHEUNG KIT     | 01:08:04      | 01:07:51  |
| 33              | 375          | 10km Individual Race Men 20 - 29 years old | B0147   |          | OR HANG SHUN        | 01:15:42      | 01:15:21  |
| 34              | 377          | 10km Individual Race Men 20 - 29 years old | B0159   |          | WAN TSZ TO          | 01:15:48      | 01:15:42  |
| 35              | 392          | 10km Individual Race Men 20 - 29 years old | B0152   | 余上一      | SHI SHEUNG YAT      | 01:17:30      | 01:04:32  |
| 36              | 397          | 10km Individual Race Men 20 - 29 years old | B0108   |          | CHAN KA MUN         | 01:17:47      | 01:17:36  |
| 37              | 401          | 10km Individual Race Men 20 - 29 years old | B0151   | 潘梓亨      | POON TSZ HANG HARRY | 01:18:51      | 01:18:45  |
| 38              | 402          | 10km Individual Race Men 20 - 29 years old | B0145   | 吳梓維      | NG TZE WAI          | 01:18:55      | 01:18:50  |
| 39              | 414          | 10km Individual Race Men 20 - 29 years old | B0144   | 吳兆智      | NG SIU CHI          | 01:20:44      | 01:20:29  |
| 40              | 440          | 10km Individual Race Men 20 - 29 years old | B0107   |          | CHAN PONG TAI       | 01:28:23      | 01:27:56  |
| 41              | 457          | 10km Individual Race Men 20 - 29 years old | B0130   | 鄺家逸      | KWONG KA YAT        | 01:41:19      | 01:41:01  |
| N/A             |              | 10km Individual Race Men 20 - 29 years old | B0123   |          | CHUNG CHEUK LUN     | DNF           | DNF       |
| N/A             |              | 10km Individual Race Men 20 - 29 years old | B0153   | 司徒仲偉     | SZETO CHUNG WAI     | DNF           | DNF       |
| N/A             |              | 10km Individual Race Men 20 - 29 years old | B0109   |          | CHAN LONG KEE       | DNS           | DNS       |
| N/A             |              | 10km Individual Race Men 20 - 29 years old | B0149   | 彭晉新      | PANG CHUN SUN JASON | DNS           | DNS       |
| N/A             |              | 10km Individual Race Men 20 - 29 years old | B0155   | 譚樂君      | TAM LOK KWAN        | DNS           | DNS       |
| N/A             |              | 10km Individual Race Men 20 - 29 years old | B0160   |          | WONG CHEONG LOK     | DNS           | DNS       |
| N/A             |              | 10km Individual Race Men 20 - 29 years old | B0167   |          | HUANG XUEDAN        | DNS           | DNS       |

| Rank Categories | Rank Overall | Race Categories Name | Bib No.                                    | Name_Chi | Name_Eng                   | Official Time            | Chip Time |          |
|-----------------|--------------|----------------------|--|----------|----------------------------|--------------------------|-----------|----------|
|                 | 1            | 5                    | 10km Individual Race Men 30 - 39 years old | C0248    | HO CHUN TING               | 00:38:21                 | 00:38:18  |          |
|                 | 2            | 8                    | 10km Individual Race Men 30 - 39 years old | C0223    | 鄭卓恩                        | CHENG CHEUK YAN DOUGLAS  | 00:39:38  | 00:39:34 |
|                 | 3            | 22                   | 10km Individual Race Men 30 - 39 years old | C0265    | 林嘉威                        | LAM KA WAI               | 00:41:39  | 00:41:33 |
|                 | 4            | 25                   | 10km Individual Race Men 30 - 39 years old | C0229    | 張世桃                        | CHEUNG SAI TO            | 00:42:33  | 00:42:29 |
|                 | 5            | 28                   | 10km Individual Race Men 30 - 39 years old | C0305    | 戴偉正                        | TAI WAI CHING            | 00:43:00  | 00:42:54 |
|                 | 6            | 31                   | 10km Individual Race Men 30 - 39 years old | C0239    | 蔡瑋倫                        | CHOI WAI LUN             | 00:43:27  | 00:43:18 |
|                 | 7            | 32                   | 10km Individual Race Men 30 - 39 years old | C0283    | LI KWUN YU ADRIAN          |                          | 00:43:31  | 00:43:25 |
|                 | 8            | 33                   | 10km Individual Race Men 30 - 39 years old | C0342    | 莊永鏢                        | CHONG WING PIU           | 00:43:36  | 00:43:33 |
|                 | 9            | 34                   | 10km Individual Race Men 30 - 39 years old | C0206    | CHAN KIN WAI               |                          | 00:43:41  | 00:43:33 |
|                 | 10           | 37                   | 10km Individual Race Men 30 - 39 years old | C0201    | 陳浩添                        | CHAN HO TIM              | 00:43:46  | 00:43:41 |
|                 | 11           | 45                   | 10km Individual Race Men 30 - 39 years old | C0309    | 曾肇廷                        | TSANG SIU TING JACKY     | 00:44:56  | 00:44:39 |
|                 | 12           | 48                   | 10km Individual Race Men 30 - 39 years old | C0228    | CHEUNG KEITH               |                          | 00:45:03  | 00:43:41 |
|                 | 13           | 50                   | 10km Individual Race Men 30 - 39 years old | C0205    | 陳嘉鴻                        | CHAN KA HUNG REX         | 00:45:32  | 00:45:24 |
|                 | 14           | 56                   | 10km Individual Race Men 30 - 39 years old | C0202    | 陳永鴻                        | CHAN WING HUNG           | 00:45:51  | 00:45:46 |
|                 | 15           | 60                   | 10km Individual Race Men 30 - 39 years old | C0237    | 招敬謙                        | CHIU LOUIS               | 00:46:00  | 00:45:55 |
|                 | 16           | 66                   | 10km Individual Race Men 30 - 39 years old | C0231    | 張盛傑                        | CHEUNG SHING KIT MICHAEL | 00:47:00  | 00:46:53 |
|                 | 17           | 83                   | 10km Individual Race Men 30 - 39 years old | C0261    | 黎俊傑                        | LAI CHUN KIT             | 00:48:40  | 00:48:35 |
|                 | 18           | 85                   | 10km Individual Race Men 30 - 39 years old | C0292    | 陸飛遠                        | LUK FEI YUEN             | 00:48:44  | 00:48:37 |
|                 | 19           | 88                   | 10km Individual Race Men 30 - 39 years old | C0288    | 盧仲仁                        | LO CHUNG YAN             | 00:48:58  | 00:48:49 |
|                 | 20           | 89                   | 10km Individual Race Men 30 - 39 years old | C0297    | 吳俊傑                        | NG CHUN KIT              | 00:49:05  | 00:48:57 |
|                 | 21           | 109                  | 10km Individual Race Men 30 - 39 years old | C0249    | HO MING HO                 |                          | 00:51:06  | 00:51:00 |
|                 | 22           | 116                  | 10km Individual Race Men 30 - 39 years old | C0284    | LI SHIU KEI                |                          | 00:51:36  | 00:51:27 |
|                 | 23           | 121                  | 10km Individual Race Men 30 - 39 years old | C0293    | 陸俊波                        | LUK CHUN PO              | 00:52:02  | 00:51:49 |
|                 | 24           | 122                  | 10km Individual Race Men 30 - 39 years old | C0302    | Schubert Georg             |                          | 00:52:06  | 00:51:49 |
|                 | 25           | 124                  | 10km Individual Race Men 30 - 39 years old | C0233    | 張家瑋                        | CHEUNG DICKSON           | 00:52:28  | 00:52:14 |
|                 | 26           | 134                  | 10km Individual Race Men 30 - 39 years old | C0300    | 蒲承恩                        | PO SHING YAN             | 00:53:02  | 00:52:47 |
|                 | 27           | 140                  | 10km Individual Race Men 30 - 39 years old | C0226    | 鄭宇鴻                        | CHENG YU HUNG            | 00:53:48  | 00:50:30 |
|                 | 28           | 146                  | 10km Individual Race Men 30 - 39 years old | C0260    | 鄺煒賢                        | KWONG WAI YIN JACKIE     | 00:54:19  | 00:54:04 |
|                 | 29           | 150                  | 10km Individual Race Men 30 - 39 years old | C0334    | 庄名熙                        | ZHUANG MINGXI            | 00:54:31  | 00:51:15 |
|                 | 30           | 163                  | 10km Individual Race Men 30 - 39 years old | C0266    | 林朗笙                        | LAM LONG SANG            | 00:55:38  | 00:55:19 |
|                 | 31           | 166                  | 10km Individual Race Men 30 - 39 years old | C0296    | NG WA SHING                |                          | 00:55:54  | 00:55:36 |
|                 | 32           | 167                  | 10km Individual Race Men 30 - 39 years old | C0224    | CHENG HO LUN               |                          | 00:55:54  | 00:55:40 |
|                 | 33           | 170                  | 10km Individual Race Men 30 - 39 years old | C0204    | 陳霖昊平                       | CHAN LAM HO PING         | 00:56:01  | 00:55:48 |
|                 | 34           | 171                  | 10km Individual Race Men 30 - 39 years old | C0208    | 陳霖昊平                       | CHAN LAM HO PING         | 00:56:03  | 00:55:48 |
|                 | 35           | 189                  | 10km Individual Race Men 30 - 39 years old | C0227    | CHEUNG BEN                 |                          | 00:58:13  | 00:57:50 |
|                 | 36           | 201                  | 10km Individual Race Men 30 - 39 years old | C0244    | 方駿誠                        | FONG CHUN SHING          | 00:59:11  | 00:59:00 |
|                 | 37           | 210                  | 10km Individual Race Men 30 - 39 years old | C0301    | PUN KEVIN                  |                          | 00:59:42  | 00:59:26 |
|                 | 38           | 216                  | 10km Individual Race Men 30 - 39 years old | C0273    | LAW NICK                   |                          | 01:00:16  | 01:00:05 |
|                 | 39           | 223                  | 10km Individual Race Men 30 - 39 years old | C0326    | 胡志健                        | WOO CHI KIN LEO          | 01:00:56  | 01:00:40 |
|                 | 40           | 229                  | 10km Individual Race Men 30 - 39 years old | C0304    | SRIVASTAVA AVIRAG NARENDRA |                          | 01:01:18  | 01:00:58 |
|                 | 41           | 231                  | 10km Individual Race Men 30 - 39 years old | C0317    | 王文傑                        | WONG MAN KIT             | 01:01:28  | 01:01:20 |
|                 | 42           | 242                  | 10km Individual Race Men 30 - 39 years old | C0250    | HO KWOK PONG               |                          | 01:01:57  | 01:01:34 |
|                 | 43           | 246                  | 10km Individual Race Men 30 - 39 years old | C0263    | 黎駿樂                        | LAI CHUN LOK             | 01:02:08  | 01:01:44 |
|                 | 44           | 271                  | 10km Individual Race Men 30 - 39 years old | C0242    | FANG PHIL                  |                          | 01:04:04  | 00:57:36 |
|                 | 45           | 272                  | 10km Individual Race Men 30 - 39 years old | C0330    | 余世雄                        | YU SAI HUNG PETER        | 01:04:12  | 01:03:44 |
|                 | 46           | 275                  | 10km Individual Race Men 30 - 39 years old | C0210    | 陳澎群                        | CHAN PANG KWAN           | 01:04:24  | 01:04:04 |
|                 | 47           | 287                  | 10km Individual Race Men 30 - 39 years old | C0307    | TAM CHEUK HIN MATTHEW      |                          | 01:06:06  | 01:06:00 |
|                 | 48           | 302                  | 10km Individual Race Men 30 - 39 years old | C0315    | 黃恩光                        | WONG YAN KONG SAMUEL     | 01:07:34  | 01:04:09 |
|                 | 49           | 303                  | 10km Individual Race Men 30 - 39 years old | C0268    | 劉鴻緯                        | LAU HUNG WAI             | 01:07:35  | 01:07:10 |
|                 | 50           | 318                  | 10km Individual Race Men 30 - 39 years old | C0209    | 陳銳石                        | CHAN YUI SHEK            | 01:09:05  | 01:08:45 |
|                 | 51           | 319                  | 10km Individual Race Men 30 - 39 years old | C0316    | 黃文冠                        | WONG MAXI                | 01:09:11  | 01:00:35 |
|                 | 52           | 325                  | 10km Individual Race Men 30 - 39 years old | C0276    | LEE SENG                   |                          | 01:09:50  | 01:09:35 |
|                 | 53           | 327                  | 10km Individual Race Men 30 - 39 years old | C0314    | WHITEOAK RICHARD           |                          | 01:09:51  | 01:09:35 |
|                 | 54           | 328                  | 10km Individual Race Men 30 - 39 years old | C0312    | 謝思永                        | TSE SZE WING             | 01:09:52  | 01:09:36 |
|                 | 55           | 333                  | 10km Individual Race Men 30 - 39 years old | C0311    | TSE KAM FUNG               |                          | 01:10:31  | 01:01:55 |
|                 | 56           | 342                  | 10km Individual Race Men 30 - 39 years old | C0332    | 阮耀明                        | YUEN YIU MING            | 01:11:04  | 01:10:38 |
|                 | 57           | 344                  | 10km Individual Race Men 30 - 39 years old | C0313    | TSUI WH                    |                          | 01:11:48  | 01:05:22 |
|                 | 58           | 347                  | 10km Individual Race Men 30 - 39 years old | C0338    | Koo Wangsiu kong           |                          | 01:12:23  | 01:12:02 |
|                 | 59           | 350                  | 10km Individual Race Men 30 - 39 years old | C0277    | 李家韋                        | LEE KAR WAI ALVIN        | 01:12:43  | 01:12:30 |
|                 | 60           | 353                  | 10km Individual Race Men 30 - 39 years old | C0252    | 許嘉煒                        | HUI KA WAI               | 01:12:54  | 01:12:42 |
|                 | 61           | 354                  | 10km Individual Race Men 30 - 39 years old | C0203    | 陳永利                        | CHAN WING LEE            | 01:13:23  | 01:13:10 |
|                 | 62           | 358                  | 10km Individual Race Men 30 - 39 years old | C0269    | 劉境豐                        | LAU KING FUNG            | 01:13:52  | 01:13:34 |
|                 | 63           | 380                  | 10km Individual Race Men 30 - 39 years old | C0243    | FONG YUK CHAK              |                          | 01:16:00  | 01:15:51 |
|                 | 64           | 390                  | 10km Individual Race Men 30 - 39 years old | C0238    | CHO JASON YUEW CHUNG       |                          | 01:17:13  | 01:17:00 |
|                 | 65           | 416                  | 10km Individual Race Men 30 - 39 years old | C0319    | WONG CHIU WAN              |                          | 01:21:30  | 01:14:59 |
|                 | 66           | 423                  | 10km Individual Race Men 30 - 39 years old | C0286    | LIU RAYMOND                |                          | 01:22:59  | 01:22:38 |
|                 | 67           | 424                  | 10km Individual Race Men 30 - 39 years old | C0207    | CHAN CHING YUNG            |                          | 01:23:07  | 01:22:52 |
|                 | 68           | 432                  | 10km Individual Race Men 30 - 39 years old | C0320    | 黃嗣                         | WONG CHI                 | 01:24:51  | 01:09:39 |
|                 | 69           | 433                  | 10km Individual Race Men 30 - 39 years old | C0211    | 陳昊偶                        | CHAN TANK                | 01:24:52  | 01:09:41 |
|                 | 70           | 434                  | 10km Individual Race Men 30 - 39 years old | C0321    | WONG WAN LUNG              |                          | 01:24:52  | 01:09:40 |
|                 | 71           | 449                  | 10km Individual Race Men 30 - 39 years old | C0280    | LEUNG CHI HO TERRY         |                          | 01:35:41  | 01:29:12 |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 30 - 39 years old | C0289    | LO CHUN FAI                | DNF                      | DNF       |          |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 30 - 39 years old | C0240    | 周定鈞                        | CHOW TING KWAN           | DQ        | DQ       |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 30 - 39 years old | C0232    | CHEUNG YIU CHUNG           | DNS                      | DNS       |          |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 30 - 39 years old | C0230    | CHEUNG CHIN FAI            | DNS                      | DNS       |          |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 30 - 39 years old | C0246    | GONG QING                  | DNS                      | DNS       |          |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 30 - 39 years old | C0254    | HUNG MAN CHUN              | DNS                      | DNS       |          |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 30 - 39 years old | C0262    | LAI CHUN KIT               | DNS                      | DNS       |          |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 30 - 39 years old | C0274    | LEE KWONG HO               | DNS                      | DNS       |          |

|     |     |  |       |     |                   |     |     |
|-----|-----|--|-------|-----|-------------------|-----|-----|
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0275 | 李樹楷 | LEE SHU KAI       | DNS | DNS |
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0279 |     | LEUNG KING WA     | DNS | DNS |
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0285 |     | LI MING HO        | DNS | DNS |
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0299 |     | OR WAI NGAI       | DNS | DNS |
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0327 | 胡頌謙 | WU CHUNG HIM      | DNS | DNS |
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0337 |     | WANG SHI XIN      | DNS | DNS |
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0225 | 鄭鍵義 | CHENG LEO KIN HEI | DNS | DNS |
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0257 | 金輝  | JIN HUI           | DNS | DNS |
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0318 |     | WONG LAP KEI      | DNS | DNS |
| N/A | N/A | 10km Individual Race Men 30 - 39 years old | C0328 | 胡衛星 | WU WAI SING       | DNS | DNS |

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|-----------------|--------------|--|---------|----------|------------------------|---------------|-----------|
|                 | 1            | 10km Individual Race Men 40 - 49 years old | D0513   | 蕭浩廷      | SIU HO TING EVAN       | 00:37:15      | 00:37:12  |
|                 | 2            | 10km Individual Race Men 40 - 49 years old | D0525   | 謝振雄      | TSE CHUN HUNG          | 00:37:51      | 00:37:47  |
|                 | 3            | 10km Individual Race Men 40 - 49 years old | D0422   |          | CHEUNG JEFF            | 00:38:42      | 00:38:38  |
|                 | 4            | 10km Individual Race Men 40 - 49 years old | D0514   | 蘇淙南      | SO TSUNG NAM           | 00:39:51      | 00:39:47  |
|                 | 5            | 10km Individual Race Men 40 - 49 years old | D0464   |          | KWONG KA SHI           | 00:39:55      | 00:39:51  |
|                 | 6            | 10km Individual Race Men 40 - 49 years old | D0420   | 張永熙      | CHEUNG WING HEI        | 00:40:10      | 00:40:07  |
|                 | 7            | 10km Individual Race Men 40 - 49 years old | D0497   |          | MAK KEITH              | 00:40:16      | 00:40:11  |
|                 | 8            | 10km Individual Race Men 40 - 49 years old | D0459   | 栗林 和也    | KURIBAYASHI KAZUYA     | 00:40:25      | 00:40:20  |
|                 | 9            | 10km Individual Race Men 40 - 49 years old | D0444   |          | FUNG KWOK LEUNG        | 00:40:39      | 00:40:35  |
|                 | 10           | 10km Individual Race Men 40 - 49 years old | D0538   | 黃軒民      | WONG HIN MAN           | 00:42:11      | 00:42:04  |
|                 | 11           | 10km Individual Race Men 40 - 49 years old | D0495   | 馬偉豪      | MA WAI HO              | 00:42:28      | 00:42:23  |
|                 | 12           | 10km Individual Race Men 40 - 49 years old | D0460   |          | KWAN LAURENCE          | 00:43:02      | 00:42:59  |
|                 | 13           | 10km Individual Race Men 40 - 49 years old | D0549   |          | YIP CHUN HANG          | 00:44:20      | 00:44:10  |
|                 | 14           | 10km Individual Race Men 40 - 49 years old | D0506   | 印南 修     | OSAMU INNAMI           | 00:44:36      | 00:44:22  |
|                 | 15           | 10km Individual Race Men 40 - 49 years old | D0483   | 梁兆文      | LEUNG SIU MAN          | 00:44:37      | 00:44:32  |
|                 | 16           | 10km Individual Race Men 40 - 49 years old | D0473   | 柳俊江      | LAU CHUN KONG          | 00:44:53      | 00:44:44  |
|                 | 17           | 10km Individual Race Men 40 - 49 years old | D0496   | 麥永基      | MAK ANDY               | 00:45:52      | 00:45:48  |
|                 | 18           | 10km Individual Race Men 40 - 49 years old | D0500   | 中川泰宏     | NAKAGAWA YASUHIRO      | 00:46:28      | 00:46:13  |
|                 | 19           | 10km Individual Race Men 40 - 49 years old | D0556   |          | LIANG NAIWEN EDDIE     | 00:47:11      | 00:47:07  |
|                 | 20           | 10km Individual Race Men 40 - 49 years old | D0404   |          | CHAN DEE               | 00:47:13      | 00:47:04  |
|                 | 21           | 10km Individual Race Men 40 - 49 years old | D0545   |          | YAU KEI WANG           | 00:47:52      | 00:47:38  |
|                 | 22           | 10km Individual Race Men 40 - 49 years old | D0511   | 洗國全      | SIN KWOK CHUEN         | 00:48:20      | 00:48:14  |
|                 | 23           | 10km Individual Race Men 40 - 49 years old | D0442   | 藤井 祐介    | FUJII YUSUKE           | 00:48:28      | 00:47:53  |
|                 | 24           | 10km Individual Race Men 40 - 49 years old | D0539   | 黃俊傑      | WONG CHUN KIT          | 00:48:32      | 00:48:28  |
|                 | 25           | 10km Individual Race Men 40 - 49 years old | D0467   | 黎偉強      | LAI WAI KEUNG          | 00:48:54      | 00:48:41  |
|                 | 26           | 10km Individual Race Men 40 - 49 years old | D0438   |          | CHUNG KICOO            | 00:49:23      | 00:49:03  |
|                 | 27           | 10km Individual Race Men 40 - 49 years old | D0434   | 蔡正謙      | CHOY CHING HIM         | 00:49:52      | 00:49:32  |
|                 | 28           | 10km Individual Race Men 40 - 49 years old | D0421   |          | CHEUNG CHIU MAN        | 00:49:53      | 00:49:39  |
|                 | 29           | 10km Individual Race Men 40 - 49 years old | D0474   |          | LAW WAI KIT ROGET      | 00:50:02      | 00:49:58  |
|                 | 30           | 10km Individual Race Men 40 - 49 years old | D0428   |          | CHIU ALEX              | 00:50:05      | 00:49:40  |
|                 | 31           | 10km Individual Race Men 40 - 49 years old | D0559   | 王振羽      | WONG CHUN YU JAMES     | 00:50:10      | 00:50:01  |
|                 | 32           | 10km Individual Race Men 40 - 49 years old | D0537   | 黃建華      | WONG KIN WA            | 00:50:32      | 00:50:20  |
|                 | 33           | 10km Individual Race Men 40 - 49 years old | D0499   | 文永康      | MAN WING HONG          | 00:50:40      | 00:50:27  |
|                 | 34           | 10km Individual Race Men 40 - 49 years old | D0523   | 陶卓權      | TO CHEUK KUEN          | 00:50:48      | 00:50:30  |
|                 | 35           | 10km Individual Race Men 40 - 49 years old | D0547   |          | YEN HEUNG KWAN         | 00:52:36      | 00:52:30  |
|                 | 36           | 10km Individual Race Men 40 - 49 years old | D0405   | 陳建宗      | CHAN KIN CHUNG         | 00:52:51      | 00:52:32  |
|                 | 37           | 10km Individual Race Men 40 - 49 years old | D0406   |          | CHAN DOMINIC           | 00:52:52      | 00:52:32  |
|                 | 38           | 10km Individual Race Men 40 - 49 years old | D0409   | 陳盛智      | CHAN GORDON            | 00:52:56      | 00:52:41  |
|                 | 39           | 10km Individual Race Men 40 - 49 years old | D0526   | 謝文基      | TSE MATT               | 00:53:20      | 00:53:15  |
|                 | 40           | 10km Individual Race Men 40 - 49 years old | D0475   |          | LEE KEN                | 00:53:39      | 00:53:26  |
|                 | 41           | 10km Individual Race Men 40 - 49 years old | D0443   |          | FUNG SIU HANG          | 00:54:21      | 00:54:01  |
|                 | 42           | 10km Individual Race Men 40 - 49 years old | D0532   | 黃亞成      | WONG AH SHING          | 00:54:42      | 00:54:29  |
|                 | 43           | 10km Individual Race Men 40 - 49 years old | D0423   | 張鎮華      | CHEUNG CHUN WAH        | 00:55:59      | 00:55:50  |
|                 | 44           | 10km Individual Race Men 40 - 49 years old | D0522   | 鄧熾承      | TANG CHI SHING JACKSON | 00:55:59      | 00:55:51  |
|                 | 45           | 10km Individual Race Men 40 - 49 years old | D0456   | 葉國恆      | IP KWOK HANG           | 00:56:33      | 00:56:07  |
|                 | 46           | 10km Individual Race Men 40 - 49 years old | D0437   | 鍾國輝      | CHUNG KWOK FAI         | 00:57:00      | 00:56:49  |
|                 | 47           | 10km Individual Race Men 40 - 49 years old | D0492   |          | LO WAI HUNG            | 00:57:47      | 00:57:38  |
|                 | 48           | 10km Individual Race Men 40 - 49 years old | D0416   | 陳浩然      | CHAN HO YIN            | 00:58:03      | 00:57:50  |
|                 | 49           | 10km Individual Race Men 40 - 49 years old | D0553   |          | HOI HOI KWONG          | 00:58:36      | 00:58:19  |
|                 | 50           | 10km Individual Race Men 40 - 49 years old | D0466   |          | LAI M                  | 00:59:05      | 00:58:54  |
|                 | 51           | 10km Individual Race Men 40 - 49 years old | D0536   |          | WONG JOHNNY            | 00:59:17      | 00:58:54  |
|                 | 52           | 10km Individual Race Men 40 - 49 years old | D0486   |          | LIU ALBERT LING HO     | 00:59:29      | 00:59:21  |
|                 | 53           | 10km Individual Race Men 40 - 49 years old | D0470   |          | LAM WING WAI ANGUS     | 00:59:38      | 00:59:27  |
|                 | 54           | 10km Individual Race Men 40 - 49 years old | D0453   |          | HUNG MING YIU          | 01:00:31      | 01:00:07  |
|                 | 55           | 10km Individual Race Men 40 - 49 years old | D0447   | 香成輝      | HEUNG SHING FAI        | 01:01:00      | 01:00:50  |
|                 | 56           | 10km Individual Race Men 40 - 49 years old | D0507   | 彭智勇      | PANG CHI YUNG          | 01:01:29      | 01:01:17  |
|                 | 57           | 10km Individual Race Men 40 - 49 years old | D0471   | 林正宏      | LAM CHING WANG PERSEUS | 01:01:45      | 01:01:36  |
|                 | 58           | 10km Individual Race Men 40 - 49 years old | D0445   |          | FUNG BRIAN             | 01:02:16      | 01:02:07  |
|                 | 59           | 10km Individual Race Men 40 - 49 years old | D0449   |          | HO TING KWOK           | 01:02:30      | 01:02:24  |
|                 | 60           | 10km Individual Race Men 40 - 49 years old | D0541   | 黃力恒      | WONG LIK HANG          | 01:02:34      | 01:02:27  |
|                 | 61           | 10km Individual Race Men 40 - 49 years old | D0560   |          | GREGOIRE PETER         | 01:03:08      | 01:03:02  |
|                 | 62           | 10km Individual Race Men 40 - 49 years old | D0402   | 陳浩亮      | CHAN JEFFREY           | 01:03:23      | 01:02:57  |
|                 | 63           | 10km Individual Race Men 40 - 49 years old | D0519   | 譚文鏗      | TAM MAN HOI            | 01:03:36      | 01:03:21  |
|                 | 64           | 10km Individual Race Men 40 - 49 years old | D0465   | 鄺旭暉      | KWONG YUK FAI          | 01:03:37      | 01:03:17  |
|                 | 65           | 10km Individual Race Men 40 - 49 years old | D0432   | 周縉緯      | CHOW CHUN WAI          | 01:03:56      | 01:03:36  |
|                 | 66           | 10km Individual Race Men 40 - 49 years old | D0477   |          | LEE PETER              | 01:04:21      | 01:04:13  |
|                 | 67           | 10km Individual Race Men 40 - 49 years old | D0457   | 葉家俊      | IP KA CHUN             | 01:05:21      | 01:05:13  |
|                 | 68           | 10km Individual Race Men 40 - 49 years old | D0501   | 吳社翹      | NG JACKY               | 01:06:22      | 00:57:33  |
|                 | 69           | 10km Individual Race Men 40 - 49 years old | D0408   | 陳祖怡      | CHAN CHO YI            | 01:06:24      | 01:06:09  |
|                 | 70           | 10km Individual Race Men 40 - 49 years old | D0468   | 賴冠霖      | LAI KOON LAM STANFORD  | 01:06:45      | 01:06:37  |
|                 | 71           | 10km Individual Race Men 40 - 49 years old | D0521   |          | TANG KARL              | 01:06:46      | 01:06:36  |
|                 | 72           | 10km Individual Race Men 40 - 49 years old | D0452   | 許鎮霖      | HUI JACK               | 01:06:47      | 01:06:36  |
|                 | 73           | 10km Individual Race Men 40 - 49 years old | D0485   |          | LI CHUNHUNG            | 01:07:08      | 01:03:42  |
|                 | 74           | 10km Individual Race Men 40 - 49 years old | D0407   | 陳懷恩      | CHAN WAI YAN CALVIN    | 01:08:21      | 01:07:59  |
|                 | 75           | 10km Individual Race Men 40 - 49 years old | D0418   | 鄭創業      | CHENG CHONG YIP        | 01:09:14      | 01:08:59  |
|                 | 76           | 10km Individual Race Men 40 - 49 years old | D0487   |          | Liu Yu                 | 01:09:35      | 01:09:15  |

|     |     |  |       |                               |          |          |
|-----|-----|--|-------|-------------------------------|----------|----------|
| 77  | 324 | 10km Individual Race Men 40 - 49 years old | D0476 | LEE CHUN SUN                  | 01:09:49 | 01:09:37 |
| 78  | 332 | 10km Individual Race Men 40 - 49 years old | D0450 | 何俊民<br>HO CHUN MAN            | 01:10:26 | 01:10:19 |
| 79  | 337 | 10km Individual Race Men 40 - 49 years old | D0533 | 王卓國<br>WONG CHEUK KWOK        | 01:10:50 | 01:10:32 |
| 80  | 339 | 10km Individual Race Men 40 - 49 years old | D0403 | CHAN HO KEI                   | 01:10:56 | 01:07:29 |
| 81  | 341 | 10km Individual Race Men 40 - 49 years old | D0411 | CHAN MAN KEUNG                | 01:11:01 | 01:10:47 |
| 82  | 356 | 10km Individual Race Men 40 - 49 years old | D0531 | 黃東成<br>WONG TUNG SHING        | 01:13:48 | 01:13:41 |
| 83  | 357 | 10km Individual Race Men 40 - 49 years old | D0546 | YAU TUNG PO                   | 01:13:50 | 01:13:34 |
| 84  | 359 | 10km Individual Race Men 40 - 49 years old | D0534 | 汪威達<br>WONG WAI TAT           | 01:13:55 | 01:13:30 |
| 85  | 360 | 10km Individual Race Men 40 - 49 years old | D0548 | YIM MAN HO                    | 01:14:13 | 01:14:06 |
| 86  | 384 | 10km Individual Race Men 40 - 49 years old | D0524 | TSANG STEPHEN                 | 01:16:10 | 01:15:48 |
| 87  | 394 | 10km Individual Race Men 40 - 49 years old | D0462 | 郭偉程<br>KWOK WAI CHING VINCENT | 01:17:35 | 01:17:28 |
| 88  | 422 | 10km Individual Race Men 40 - 49 years old | D0482 | 梁傳宙<br>LEUNG CHUEN CHAU       | 01:22:59 | 01:22:36 |
| 89  | 430 | 10km Individual Race Men 40 - 49 years old | D0410 | 陳子傑<br>CHAN TSZ KIT           | 01:24:41 | 01:24:25 |
| 90  | 431 | 10km Individual Race Men 40 - 49 years old | D0490 | 勞超傑<br>LO CHIU KIT CHRIS      | 01:24:41 | 01:24:25 |
| 91  | 437 | 10km Individual Race Men 40 - 49 years old | D0493 | 呂文斌<br>LUI MAN PAN            | 01:27:31 | 01:27:07 |
| 92  | 451 | 10km Individual Race Men 40 - 49 years old | D0436 | 莊永強<br>CHUANG WING KEUNG      | 01:37:02 | 01:36:45 |
| 93  | 452 | 10km Individual Race Men 40 - 49 years old | D0550 | 源而卓<br>YUEN YI CHEUK          | 01:37:12 | 01:36:49 |
| 94  | 460 | 10km Individual Race Men 40 - 49 years old | D0540 | 黃啟堅<br>WONG KAI KIN           | 02:28:27 | 02:28:23 |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0461 | 郭培生<br>KWOK PUI SANG          | DNF      | DNF      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0479 | 梁凱瑩<br>LEUNG HOI YING, WINSON | DNF      | DNF      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0472 | LAU YIU MAN                   | DNF      | DNF      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0430 | 蔡家弘<br>CHOI KA WANG           | DNF      | DNF      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0535 | WONG KWAN HO                  | DQ       | DQ       |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0401 | 區德霖<br>AU TAK LUM             | DQ       | DQ       |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0448 | HO YUEN FUNG                  | DQ       | DQ       |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0504 | 顏文輝<br>NGAN MAN FAI           | DQ       | DQ       |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0439 | 鍾浩然<br>CHUNG HO YIN           | DQ       | DQ       |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0542 | 王少康<br>WONG SIU HONG          | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0433 | CHOW CHUN KIT IVAN            | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0463 | 郭錦天<br>KWOK KAM TIN           | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0480 | LEUNG TIGER                   | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0481 | 梁沛倫<br>LEUNG PUI LUN ALAN     | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0489 | 盧家偉<br>LO KA WAI GARY         | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0494 | 呂亮賢<br>LUI LEUNG YIN LOUIS    | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0512 | SIU KING WAI                  | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0520 | TANG CHI LUNG                 | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0528 | WAN CHIN FUNG                 | DNS      | DNS      |
| N/A | N/A | 10km Individual Race Men 40 - 49 years old | D0552 | WONG WILLIAM HOK LAM          | DNS      | DNS      |

| Rank Categories | Rank Overall | Race Categories Name                       | Bib No. | Name_Chi   | Name_Eng                 | Official Time | Chip Time |
|-----------------|--------------|--|---------|------------|--------------------------|---------------|-----------|
|                 | 1            | 10km Individual Race Men 50 - 59 years old | E0714   |            | WONG YAT CHEE            | 00:40:59      | 00:40:55  |
|                 | 2            | 10km Individual Race Men 50 - 59 years old | E0616   | 陳煒基        | CHAN WAI KEI             | 00:43:00      | 00:42:56  |
|                 | 3            | 10km Individual Race Men 50 - 59 years old | E0674   | 李松江        | LEE CHUNG KONG BOBBY     | 00:45:02      | 00:44:55  |
|                 | 4            | 10km Individual Race Men 50 - 59 years old | E0726   | 楊智         | YEUNG CHI DANIEL         | 00:45:34      | 00:45:26  |
|                 | 5            | 10km Individual Race Men 50 - 59 years old | E0692   | 松澤 厚       | MATSUZAWA ATSUSHI        | 00:45:40      | 00:45:35  |
|                 | 6            | 10km Individual Race Men 50 - 59 years old | E0651   |            | KEI KAI KIN              | 00:45:55      | 00:45:46  |
|                 | 7            | 10km Individual Race Men 50 - 59 years old | E0603   |            | AU NELSON                | 00:45:59      | 00:45:54  |
|                 | 8            | 10km Individual Race Men 50 - 59 years old | E0620   | 周鸞雄        | CHAU LO HUNG JOHNSON     | 00:46:08      | 00:46:01  |
|                 | 9            | 10km Individual Race Men 50 - 59 years old | E0650   | 孔繁泰        | HUNG FAN TAI BARRY       | 00:47:00      | 00:46:52  |
|                 | 10           | 10km Individual Race Men 50 - 59 years old | E0667   | 林俊樺        | LAM CHUN WAH             | 00:47:48      | 00:47:42  |
|                 | 11           | 10km Individual Race Men 50 - 59 years old | E0634   | 曹兆恆        | CHO SIU HANG             | 00:48:10      | 00:48:05  |
|                 | 12           | 10km Individual Race Men 50 - 59 years old | E0672   | 李心鴻        | LEE SUM HUNG             | 00:49:57      | 00:49:45  |
|                 | 13           | 10km Individual Race Men 50 - 59 years old | E0632   | 植永強        | CHIK WING KEUNG          | 00:51:10      | 00:50:51  |
|                 | 14           | 10km Individual Race Men 50 - 59 years old | E0686   | 龍偉成        | LUNG WAI SHING BILLY     | 00:51:54      | 00:51:47  |
|                 | 15           | 10km Individual Race Men 50 - 59 years old | E0738   |            | CHOW WING CHEUNG         | 00:52:40      | 00:52:25  |
|                 | 16           | 10km Individual Race Men 50 - 59 years old | E0741   |            | CHEUNG KWONG MING        | 00:52:47      | 00:52:32  |
|                 | 17           | 10km Individual Race Men 50 - 59 years old | E0682   | 李慶華        | LI VICTOR                | 00:53:52      | 00:53:45  |
|                 | 18           | 10km Individual Race Men 50 - 59 years old | E0720   |            | WUT TAI MING             | 00:54:25      | 00:54:12  |
|                 | 19           | 10km Individual Race Men 50 - 59 years old | E0732   |            | CHAU CHUN HUNG           | 00:54:28      | 00:54:23  |
|                 | 20           | 10km Individual Race Men 50 - 59 years old | E0683   |            | LING KAI CHEONG          | 00:54:33      | 00:54:17  |
|                 | 21           | 10km Individual Race Men 50 - 59 years old | E0736   |            | CHEUNG LIK KA            | 00:55:14      | 00:54:59  |
|                 | 22           | 10km Individual Race Men 50 - 59 years old | E0621   | 鄭衛民        | CHENG WAI MAN            | 00:55:15      | 00:54:54  |
|                 | 23           | 10km Individual Race Men 50 - 59 years old | E0740   |            | SOON CHUN KIT            | 00:55:16      | 00:55:00  |
|                 | 24           | 10km Individual Race Men 50 - 59 years old | E0730   | 袁志偉        | YUEN CHI WEI             | 00:55:44      | 00:55:35  |
|                 | 25           | 10km Individual Race Men 50 - 59 years old | E0618   | 陳有諒        | CHAN YAU LEONG           | 00:57:15      | 00:57:04  |
|                 | 26           | 10km Individual Race Men 50 - 59 years old | E0659   | 關立信        | KWAN LAP SHUN            | 00:57:20      | 00:57:10  |
|                 | 27           | 10km Individual Race Men 50 - 59 years old | E0629   | 張家盛        | CHEUNG KA SHING          | 00:57:33      | 00:57:14  |
|                 | 28           | 10km Individual Race Men 50 - 59 years old | E0690   |            | MA KA LOK GILBERT        | 00:57:35      | 00:57:17  |
|                 | 29           | 10km Individual Race Men 50 - 59 years old | E0605   | 區景輝        | AU KING FAI              | 00:57:52      | 00:57:39  |
|                 | 30           | 10km Individual Race Men 50 - 59 years old | E0718   |            | WONG VICTOR              | 00:58:35      | 00:58:29  |
|                 | 31           | 10km Individual Race Men 50 - 59 years old | E0668   |            | LAM MICHAEL              | 00:58:43      | 00:58:36  |
|                 | 32           | 10km Individual Race Men 50 - 59 years old | E0737   |            | LEUNG TZE MAN            | 00:58:54      | 00:58:37  |
|                 | 33           | 10km Individual Race Men 50 - 59 years old | E0706   |            | TONG KAI TON             | 00:59:11      | 00:58:52  |
|                 | 34           | 10km Individual Race Men 50 - 59 years old | E0728   |            | YIP HO WAI JOSEPH        | 00:59:34      | 00:59:16  |
|                 | 35           | 10km Individual Race Men 50 - 59 years old | E0717   | 黃金潤        | WONG RAYMOND             | 00:59:51      | 00:59:37  |
|                 | 36           | 10km Individual Race Men 50 - 59 years old | E0655   |            | KOW PING                 | 01:00:02      | 00:59:53  |
|                 | 37           | 10km Individual Race Men 50 - 59 years old | E0604   | 歐紹光        | AU SIU KONG              | 01:00:13      | 01:00:01  |
|                 | 38           | 10km Individual Race Men 50 - 59 years old | E0719   |            | WONG PATRICK             | 01:01:03      | 01:00:44  |
|                 | 39           | 10km Individual Race Men 50 - 59 years old | E0665   | 林少明        | LAM SIU MING             | 01:01:14      | 01:00:43  |
|                 | 40           | 10km Individual Race Men 50 - 59 years old | E0700   | 徐展鴻        | SHEE JIMFORTZ            | 01:01:40      | 01:01:29  |
|                 | 41           | 10km Individual Race Men 50 - 59 years old | E0685   |            | LUI CHI KWONG            | 01:01:41      | 01:01:34  |
|                 | 42           | 10km Individual Race Men 50 - 59 years old | E0617   | 陳友釗        | CHAN YAU CHIU            | 01:01:59      | 01:01:50  |
|                 | 43           | 10km Individual Race Men 50 - 59 years old | E0630   | 張健偉        | CHEUNG KIN WAI ELLIS     | 01:03:15      | 01:02:48  |
|                 | 44           | 10km Individual Race Men 50 - 59 years old | E0671   | 劉雷霆        | LAU LUI TING             | 01:03:43      | 01:03:35  |
|                 | 45           | 10km Individual Race Men 50 - 59 years old | E0644   | 馮顯豪        | FUNG HIN HO              | 01:03:46      | 01:03:39  |
|                 | 46           | 10km Individual Race Men 50 - 59 years old | E0681   |            | LEUNG SUNG JIK           | 01:03:50      | 01:03:27  |
|                 | 47           | 10km Individual Race Men 50 - 59 years old | E0619   | 陳健平        | CHAN EDWARD KIN PENG     | 01:03:52      | 01:03:45  |
|                 | 48           | 10km Individual Race Men 50 - 59 years old | E0716   |            | WONG WING                | 01:06:47      | 01:06:16  |
|                 | 49           | 10km Individual Race Men 50 - 59 years old | E0643   | 傅文元        | FU MAN YUEN              | 01:08:00      | 01:07:31  |
|                 | 50           | 10km Individual Race Men 50 - 59 years old | E0628   | 張錦志        | CHEUNG KAM CHI           | 01:08:03      | 01:07:54  |
|                 | 51           | 10km Individual Race Men 50 - 59 years old | E0724   | 楊連順        | YEUNG LIN SHUN           | 01:08:58      | 01:08:43  |
|                 | 52           | 10km Individual Race Men 50 - 59 years old | E0729   | 姚偉平        | YIU WAI PING             | 01:09:03      | 01:08:40  |
|                 | 53           | 10km Individual Race Men 50 - 59 years old | E0673   | 李世禧        | LEE SAI HEI              | 01:09:31      | 01:09:08  |
|                 | 54           | 10km Individual Race Men 50 - 59 years old | E0703   | 譚偉麟        | TAM WAI LUN              | 01:10:00      | 01:09:51  |
|                 | 55           | 10km Individual Race Men 50 - 59 years old | E0739   |            | WONG SIU KEI             | 01:10:36      | 01:10:21  |
|                 | 56           | 10km Individual Race Men 50 - 59 years old | E0742   |            | NG KAT WO FRANKIE        | 01:12:24      | 01:12:09  |
|                 | 57           | 10km Individual Race Men 50 - 59 years old | E0641   |            | CHUNT WANG TAT           | 01:13:30      | 01:13:04  |
|                 | 58           | 10km Individual Race Men 50 - 59 years old | E0699   | 陸榮華        | SAELEK SUPACHAI          | 01:14:16      | 01:13:54  |
|                 | 59           | 10km Individual Race Men 50 - 59 years old | E0648   | 侯慶添        | HOU TIM                  | 01:14:19      | 01:14:13  |
|                 | 60           | 10km Individual Race Men 50 - 59 years old | E0725   | 大衛家freda區楊 | YEUNG SIU FUNG           | 01:14:45      | 01:14:19  |
|                 | 61           | 10km Individual Race Men 50 - 59 years old | E0694   | 吳國榮        | NG KWOK WING             | 01:15:01      | 01:14:51  |
|                 | 62           | 10km Individual Race Men 50 - 59 years old | E0684   |            | LUI HIU TUNG COLIN       | 01:15:35      | 01:15:21  |
|                 | 63           | 10km Individual Race Men 50 - 59 years old | E0615   | 陳啟銳        | CHAN KAI YUI             | 01:17:19      | 01:17:19  |
|                 | 64           | 10km Individual Race Men 50 - 59 years old | E0697   | 白振邦        | PAT BENSON               | 01:21:42      | 01:21:32  |
|                 | 65           | 10km Individual Race Men 50 - 59 years old | E0637   | 周建忠        | CHOW KIN CHUNG           | 01:22:55      | 01:18:53  |
|                 | 66           | 10km Individual Race Men 50 - 59 years old | E0701   |            | SHUM PO KEUNG            | 01:23:51      | 01:23:40  |
|                 | 67           | 10km Individual Race Men 50 - 59 years old | E0654   | 古揚邦        | KOO YEUNG PONG           | 01:45:23      | 01:45:10  |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0705   |            | TANG SUK NGAO RAYMOND    | DNF           | DNF       |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0622   | 鄭漢源        | CHENG BRIAN              | DQ            | DQ        |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0735   | 林敬修        | LAM KING SAU             | DQ            | DQ        |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0631   | 張志成        | CHEUNG CHI SHING PATRICK | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0638   | 蔡怡環        | CHOY YE KING             | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0647   | 何國輝        | HO KWOK FAI              | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0653   | 江陽宜        | KONG YEUNG YEE           | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0658   | 關子健        | KWAN TSZ KIN MICHAEL     | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0666   | 林國亮        | LAM KWOKLEONH            | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0689   |            | MA JOE                   | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Men 50 - 59 years old | E0715   | 黃偉         | WONG WAI                 | DNS           | DNS       |

| Rank Categories | Rank Overall | Race Categories Name | Bib No.  | Name_Chi | Name_Eng | Official Time          | Chip Time |          |
|-----------------|--------------|----------------------|--|----------|----------|------------------------|-----------|----------|
|                 | 1            | 21                   | 10km Individual Race Men 60 years old or above | F0822    | 菅原功      | SUGAWARA ISAO          | 00:41:18  | 00:41:13 |
|                 | 2            | 46                   | 10km Individual Race Men 60 years old or above | F0812    |          | TO HOI LAU ERIC        | 00:45:02  | 00:44:57 |
|                 | 3            | 49                   | 10km Individual Race Men 60 years old or above | F0842    |          | LAW KAM FAI            | 00:45:23  | 00:45:19 |
|                 | 4            | 64                   | 10km Individual Race Men 60 years old or above | F0819    |          | SO KAM TAK             | 00:47:00  | 00:46:53 |
|                 | 5            | 70                   | 10km Individual Race Men 60 years old or above | F0831    | 朱英禮      | CHU YING LAI GORDON    | 00:47:23  | 00:47:15 |
|                 | 6            | 76                   | 10km Individual Race Men 60 years old or above | F0817    | 曾業超      | TSANG EDDIE            | 00:48:05  | 00:48:01 |
|                 | 7            | 86                   | 10km Individual Race Men 60 years old or above | F0820    | 何紹華      | HO SIU WA              | 00:48:50  | 00:48:45 |
|                 | 8            | 110                  | 10km Individual Race Men 60 years old or above | F0826    |          | SIU SAM                | 00:51:08  | 00:50:51 |
|                 | 9            | 120                  | 10km Individual Race Men 60 years old or above | F0810    | 王克勤      | WONG HAK KUN           | 00:52:00  | 00:51:41 |
|                 | 10           | 135                  | 10km Individual Race Men 60 years old or above | F0825    | 濮將華      | POK CHEUNG WAH         | 00:53:05  | 00:53:00 |
|                 | 11           | 137                  | 10km Individual Race Men 60 years old or above | F0841    |          | HUNG CHI LUN           | 00:53:31  | 00:53:25 |
|                 | 12           | 160                  | 10km Individual Race Men 60 years old or above | F0844    |          | LAI PUI WIG            | 00:55:17  | 00:55:03 |
|                 | 13           | 174                  | 10km Individual Race Men 60 years old or above | F0802    | 周漢杰      | CHAU HON KIT           | 00:56:26  | 00:56:04 |
|                 | 14           | 177                  | 10km Individual Race Men 60 years old or above | F0832    |          | TONG STEPHEN           | 00:56:57  | 00:56:38 |
|                 | 15           | 191                  | 10km Individual Race Men 60 years old or above | F0839    |          | TANG FUK CHONG         | 00:58:32  | 00:58:26 |
|                 | 16           | 202                  | 10km Individual Race Men 60 years old or above | F0849    |          | WONG WAI KWONG         | 00:59:14  | 00:59:10 |
|                 | 17           | 205                  | 10km Individual Race Men 60 years old or above | F0824    |          | MOORE PAUL ANTHONY     | 00:59:19  | 00:58:57 |
|                 | 18           | 222                  | 10km Individual Race Men 60 years old or above | F0847    |          | HA CHUNG MAN           | 01:00:51  | 01:00:36 |
|                 | 19           | 230                  | 10km Individual Race Men 60 years old or above | F0806    | 蔡長青      | CHOI CHEUNG CHING      | 01:01:25  | 01:01:09 |
|                 | 20           | 234                  | 10km Individual Race Men 60 years old or above | F0807    | 豪斯 約翰    | HOWES JOHN             | 01:01:38  | 01:01:14 |
|                 | 21           | 235                  | 10km Individual Race Men 60 years old or above | F0840    |          | LAM CHI SHUN           | 01:01:39  | 01:01:31 |
|                 | 22           | 236                  | 10km Individual Race Men 60 years old or above | F0823    |          | ALAN NG                | 01:01:39  | 01:01:19 |
|                 | 23           | 239                  | 10km Individual Race Men 60 years old or above | F0808    | 羅永寧      | LO WING LING           | 01:01:44  | 01:01:29 |
|                 | 24           | 245                  | 10km Individual Race Men 60 years old or above | F0809    |          | LUI WAI MING           | 01:02:07  | 01:01:56 |
|                 | 25           | 248                  | 10km Individual Race Men 60 years old or above | F0801    |          | CHOI KWOK HIM          | 01:02:28  | 01:02:14 |
|                 | 26           | 262                  | 10km Individual Race Men 60 years old or above | F0815    | 張錦祥      | CHEUNG KAM CHEUNG      | 01:03:41  | 01:03:36 |
|                 | 27           | 276                  | 10km Individual Race Men 60 years old or above | F0835    | 張景棠      | CHEUNG KING TONG SIMON | 01:04:28  | 01:04:18 |
|                 | 28           | 277                  | 10km Individual Race Men 60 years old or above | F0845    |          | YEUNG KAI CHEONG       | 01:04:33  | 01:04:18 |
|                 | 29           | 279                  | 10km Individual Race Men 60 years old or above | F0843    |          | WONG CHUN KEUNG        | 01:04:47  | 01:04:30 |
|                 | 30           | 291                  | 10km Individual Race Men 60 years old or above | F0814    | 鍾志榮      | CHUNG CHI WING ANDREW  | 01:06:33  | 01:06:20 |
|                 | 31           | 299                  | 10km Individual Race Men 60 years old or above | F0805    | 林國強      | LAM KWOK KEUNG         | 01:07:10  | 01:06:58 |
|                 | 32           | 315                  | 10km Individual Race Men 60 years old or above | F0803    | 甄文耀      | YAN MAN YIU            | 01:08:48  | 01:08:43 |
|                 | 33           | 349                  | 10km Individual Race Men 60 years old or above | F0848    | 羅兆強      | LAW SIU KEUNG KENT     | 01:12:39  | 01:12:37 |
|                 | 34           | 369                  | 10km Individual Race Men 60 years old or above | F0827    | 黃沛榮      | WONG PUI WING          | 01:15:09  | 01:15:01 |
|                 | 35           | 381                  | 10km Individual Race Men 60 years old or above | F0836    | 黃鐵球      | WONG TIT KAU           | 01:16:01  | 01:15:44 |
|                 | 36           | 383                  | 10km Individual Race Men 60 years old or above | F0833    |          | LAM BENSLEY            | 01:16:08  | 01:15:47 |
|                 | 37           | 386                  | 10km Individual Race Men 60 years old or above | F0846    |          | HO SIU WING ANDIE      | 01:16:40  | 01:16:26 |
|                 | 38           | 389                  | 10km Individual Race Men 60 years old or above | F0821    | 黃雄光      | WONG HUNG KWONG        | 01:17:00  | 01:16:45 |
|                 | 39           | 399                  | 10km Individual Race Men 60 years old or above | F0818    |          | CHAN KARL              | 01:18:21  | 01:18:10 |
|                 | 40           | 404                  | 10km Individual Race Men 60 years old or above | F0829    |          | CHEUNG FU FAI          | 01:19:01  | 01:18:48 |
|                 | 41           | 405                  | 10km Individual Race Men 60 years old or above | F0838    |          | HO KIN MAN             | 01:19:08  | 01:18:49 |
|                 | 42           | 443                  | 10km Individual Race Men 60 years old or above | F0834    | 吳樹燦      | NG SHU TSAN            | 01:30:09  | 01:29:44 |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 60 years old or above | F0813    | 譚衍康      | TAM YIN HONG           | DQ        | DQ       |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 60 years old or above | F0816    | 雷偉昌      | LUI WAI CHEONG, ANDY   | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 60 years old or above | F0804    |          | LIU HUNG DIAMOND       | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 60 years old or above | F0811    | 鄧錦聰      | TANG DOMINIC           | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 60 years old or above | F0830    | 崔耀明      | TSUI YIU MING GORDON   | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 60 years old or above | F0828    | 謝晉榮      | TSE RAYMOND            | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Men 60 years old or above | F0837    | 陳仁賢      | CHAN YAN YIN           | DNS       | DNS      |

## 10km Individual Race Women

| Rank Categories | Rank Overall | Race Categories Name                         | Bib No. | Name_Chi | Name_Eng     | Official Time | Chip Time |
|-----------------|--------------|--|---------|----------|--------------|---------------|-----------|
| 1               | 54           | 10km Individual Race Women 16 - 19 years old | A0005   | 黃嘉儀      | WONG KA YEE  | 00:45:43      | 00:45:36  |
| N/A             | N/A          | 10km Individual Race Women 16 - 19 years old | A0001   | 鄒芷欣      | CHAU TSZ YAN | DNF           | DNF       |

| Rank Categories | Rank Overall | Race Categories Name                         | Bib No. | Name_Chi | Name_Eng      | Official Time | Chip Time |
|-----------------|--------------|--|---------|----------|---------------|---------------|-----------|
| 1               | 114          | 10km Individual Race Women 20 - 29 years old | B0127   | 郭慧妍      | KWOK WAI YIN  | 00:51:31      | 00:51:12  |
| 2               | 180          | 10km Individual Race Women 20 - 29 years old | B0124   | 傅德熙      | FOO JENNIFER  | 00:57:15      | 00:57:08  |
| 3               | 280          | 10km Individual Race Women 20 - 29 years old | B0126   | 關焯思      | KWAN WAI SZE  | 01:05:01      | 01:04:44  |
| 4               | 304          | 10km Individual Race Women 20 - 29 years old | B0135   |          | LAM WING HAN  | 01:07:48      | 01:07:38  |
| 5               | 321          | 10km Individual Race Women 20 - 29 years old | B0146   |          | NG WAI KI     | 01:09:28      | 01:01:59  |
| 6               | 345          | 10km Individual Race Women 20 - 29 years old | B0143   |          | LIU WING MEI  | 01:11:51      | 01:04:20  |
| 7               | 374          | 10km Individual Race Women 20 - 29 years old | B0134   | 林靖怡      | LAM CHING YI  | 01:15:42      | 01:15:22  |
| 8               | 376          | 10km Individual Race Women 20 - 29 years old | B0132   |          | LAI KA MAN    | 01:15:48      | 01:15:48  |
| 9               | 382          | 10km Individual Race Women 20 - 29 years old | B0164   |          | WONG LOK YIN  | 01:16:02      | 01:15:53  |
| 10              | 387          | 10km Individual Race Women 20 - 29 years old | B0128   | 郭奇奇      | KWOK KI KI    | 01:16:44      | 01:16:21  |
| 11              | 403          | 10km Individual Race Women 20 - 29 years old | B0148   | 柯煒琛      | OR WAI SUM    | 01:18:57      | 01:18:36  |
| 12              | 412          | 10km Individual Race Women 20 - 29 years old | B0118   |          | CHIU SHUK YIN | 01:20:32      | 01:11:28  |
| 13              | 418          | 10km Individual Race Women 20 - 29 years old | B0129   | 郭鈿玉      | KWOK TIN YUK  | 01:22:30      | 01:22:18  |
| 14              | 419          | 10km Individual Race Women 20 - 29 years old | B0114   |          | CHIM PUI YING | 01:22:41      | 01:22:28  |
| N/A             | N/A          | 10km Individual Race Women 20 - 29 years old | B0113   |          | CHENG YI WING | DNF           | DNF       |
| N/A             | N/A          | 10km Individual Race Women 20 - 29 years old | B0138   | 劉潔       | LAU KIT       | DQ            | DQ        |
| N/A             | N/A          | 10km Individual Race Women 20 - 29 years old | B0142   |          | LIN SHUMING   | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 20 - 29 years old | B0112   |          | CHAN TING CHI | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 20 - 29 years old | B0125   |          | HO SANDRA     | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 20 - 29 years old | B0163   |          | WONG MEI YAN  | DNS           | DNS       |

| Rank Categories | Rank Overall | Race Categories Name                         | Bib No. | Name_Chi  | Name_Eng              | Official Time | Chip Time |
|-----------------|--------------|--|---------|-----------|-----------------------|---------------|-----------|
| 1               | 40           | 10km Individual Race Women 30 - 39 years old | C0287   | 廖文芳       | LIU MAN FONG          | 00:44:35      | 00:44:31  |
| 2               | 52           | 10km Individual Race Women 30 - 39 years old | C0236   | 蔣靜雯       | CHIANG CHING MAN      | 00:45:37      | 00:45:32  |
| 3               | 61           | 10km Individual Race Women 30 - 39 years old | C0278   | 李雪筠       | LEE SUET KWAN         | 00:46:04      | 00:45:56  |
| 4               | 67           | 10km Individual Race Women 30 - 39 years old | C0264   | 賴惠珍       | LAI WAI CHUN          | 00:47:04      | 00:46:57  |
| 5               | 84           | 10km Individual Race Women 30 - 39 years old | C0251   | 何美琪       | HO MEI KI             | 00:48:43      | 00:48:38  |
| 6               | 92           | 10km Individual Race Women 30 - 39 years old | C0322   |           | WONG CHI YING         | 00:49:38      | 00:49:30  |
| 7               | 94           | 10km Individual Race Women 30 - 39 years old | C0213   | 陳燕妮       | CHAN YINNI            | 00:49:52      | 00:49:34  |
| 8               | 145          | 10km Individual Race Women 30 - 39 years old | C0291   |           | LUI RAINBOW           | 00:54:17      | 00:54:17  |
| 9               | 152          | 10km Individual Race Women 30 - 39 years old | C0339   | 秦愷忻       | TSUN HOI YAN TIFFANY  | 00:54:39      | 00:54:29  |
| 10              | 154          | 10km Individual Race Women 30 - 39 years old | C0290   | 羅宇欣       | LO YU YAN             | 00:55:03      | 00:54:52  |
| 11              | 156          | 10km Individual Race Women 30 - 39 years old | C0333   | 趙怡        | ZHAO YI               | 00:55:13      | 00:55:07  |
| 12              | 161          | 10km Individual Race Women 30 - 39 years old | C0310   | 曾楚君       | TSANG CHOR KWAN HEIDI | 00:55:22      | 00:55:22  |
| 13              | 172          | 10km Individual Race Women 30 - 39 years old | C0341   | 吳嘉沛       | NG KA PUI PHYLLIS     | 00:56:09      | 00:55:58  |
| 14              | 203          | 10km Individual Race Women 30 - 39 years old | C0270   |           | LAU LAI NA            | 00:59:17      | 00:59:01  |
| 15              | 221          | 10km Individual Race Women 30 - 39 years old | C0294   | 文芷琪       | MAN TSZ KI            | 01:00:37      | 01:00:28  |
| 16              | 233          | 10km Individual Race Women 30 - 39 years old | C0219   | 陳安琪       | CHAN ON KI            | 01:01:34      | 01:01:12  |
| 17              | 282          | 10km Individual Race Women 30 - 39 years old | C0221   | 鄒莉玲       | CHAU LEE LING         | 01:05:30      | 01:05:21  |
| 18              | 301          | 10km Individual Race Women 30 - 39 years old | C0272   | 劉明琪       | LAU MING KI           | 01:07:34      | 01:04:17  |
| 19              | 305          | 10km Individual Race Women 30 - 39 years old | C0336   | 曾曉彤       | TSANG HIU TUNG HILTON | 01:07:53      | 01:07:38  |
| 20              | 309          | 10km Individual Race Women 30 - 39 years old | C0335   | 李健美       | LI KIN MEI            | 01:08:09      | 01:07:55  |
| 21              | 310          | 10km Individual Race Women 30 - 39 years old | C0220   | 張月怡       | CHANG YUET YEE FALA   | 01:08:15      | 01:08:06  |
| 22              | 313          | 10km Individual Race Women 30 - 39 years old | C0271   | 劉海恩       | LAU HOI YAN           | 01:08:32      | 01:08:09  |
| 23              | 314          | 10km Individual Race Women 30 - 39 years old | C0258   | 江雪兒       | KONG SUET YI          | 01:08:36      | 01:08:13  |
| 24              | 338          | 10km Individual Race Women 30 - 39 years old | C0235   |           | CHEUNG YIP KI         | 01:10:54      | 01:10:43  |
| 25              | 351          | 10km Individual Race Women 30 - 39 years old | C0324   | 黃曉彤       | WONG HIU TUNG         | 01:12:44      | 01:06:22  |
| 26              | 352          | 10km Individual Race Women 30 - 39 years old | C0295   | 文超諳       | MAN CHIU YI           | 01:12:49      | 01:06:27  |
| 27              | 363          | 10km Individual Race Women 30 - 39 years old | C0253   |           | HUI CHI YUI           | 01:14:25      | 01:10:56  |
| 28              | 373          | 10km Individual Race Women 30 - 39 years old | C0331   | 余加玲       | YU CHRISTINE          | 01:15:40      | 01:15:21  |
| 29              | 393          | 10km Individual Race Women 30 - 39 years old | C0214   | 陳映蓮       | CHAN YING LIN         | 01:17:35      | 01:17:29  |
| 30              | 396          | 10km Individual Race Women 30 - 39 years old | C0340   | 梁柏儀       | LEUNG PAK YEE IRIS    | 01:17:37      | 01:17:27  |
| 31              | 398          | 10km Individual Race Women 30 - 39 years old | C0325   | 黃斯君       | WONG SZE KWAN         | 01:17:55      | 01:17:43  |
| 32              | 400          | 10km Individual Race Women 30 - 39 years old | C0281   | 梁靖文       | LEUNG CHING MAN       | 01:18:50      | 01:18:26  |
| 33              | 410          | 10km Individual Race Women 30 - 39 years old | C0282   | 梁凱琪       | LEUNG HOI KI          | 01:20:11      | 01:20:00  |
| 34              | 435          | 10km Individual Race Women 30 - 39 years old | C0215   | 陳秀香       | CHAN SAU HEUNG        | 01:26:25      | 01:26:05  |
| 35              | 442          | 10km Individual Race Women 30 - 39 years old | C0306   | 戴藹倫       | TAI OI LUN            | 01:29:35      | 01:29:16  |
| 36              | 445          | 10km Individual Race Women 30 - 39 years old | C0217   |           | CHAN MEI MEI          | 01:30:18      | 01:30:14  |
| 37              | 450          | 10km Individual Race Women 30 - 39 years old | C0247   | Nurhayati | HAYATI NUR            | 01:35:49      | 01:35:44  |
| 38              | 453          | 10km Individual Race Women 30 - 39 years old | C0267   | 林嘉欣       | LAM KA YAN            | 01:37:13      | 01:37:13  |
| 39              | 455          | 10km Individual Race Women 30 - 39 years old | C0218   | 陳曉玲       | CHAN HIU LING         | 01:38:22      | 01:38:00  |
| 40              | 456          | 10km Individual Race Women 30 - 39 years old | C0259   | 關詠儀       | KWAN WINNIE           | 01:40:32      | 01:34:02  |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0323   |           | WONG YUEN TING        | DNF           | DNF       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0255   |           | HUNG SHIRLEY          | DNF           | DNF       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0241   | 徐碧霞       | CHUI PIK HAR          | DQ            | DQ        |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0216   | 陳婷        | CHAN TING             | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0298   | 聶華金       | NIE HUAJIN            | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0212   | 陳芬        | CHAN FAN              | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0234   |           | CHEUNG KA YEE         | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0222   | 陳蓉        | CHEN RONG             | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0308   | 鄧珮珊       | TANG PUI SHAN         | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0303   | 邵芷衡       | SIU TSZ HANG RACHEL   | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0245   |           | FONG SANDRA           | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0256   | 洪詩穎       | HUNG SZE WING DOROTHY | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 30 - 39 years old | C0329   | 楊詩敏       | YEUNG SZE MAN         | DNS           | DNS       |

| Rank Categories | Rank Overall | Race Categories Name                         | Bib No. | Name_Chi | Name_Eng              | Official Time | Chip Time |
|-----------------|--------------|--|---------|----------|-----------------------|---------------|-----------|
| 1               | 30           | 10km Individual Race Women 40 - 49 years old | D0484   | 梁慧中      | LEUNG WAI CHUNG ANNA  | 00:43:04      | 00:43:01  |
| 2               | 39           | 10km Individual Race Women 40 - 49 years old | D0458   | 甘秀芬      | KAM SAU FUN           | 00:44:22      | 00:44:18  |
| 3               | 82           | 10km Individual Race Women 40 - 49 years old | D0555   |          | AU ROSITA             | 00:48:40      | 00:48:33  |
| 4               | 102          | 10km Individual Race Women 40 - 49 years old | D0543   | 黃曉蘭      | WONG HIULAN           | 00:50:19      | 00:50:15  |
| 5               | 107          | 10km Individual Race Women 40 - 49 years old | D0424   | 張綺珊      | CHEUNG YEE SHAN       | 00:50:42      | 00:50:37  |
| 6               | 133          | 10km Individual Race Women 40 - 49 years old | D0558   | 張樂思      | CHEUNG LOK SZE        | 00:53:00      | 00:52:52  |
| 7               | 143          | 10km Individual Race Women 40 - 49 years old | D0510   | 沈曉峯      | SHEN YAOYAO           | 00:54:03      | 00:53:59  |
| 8               | 162          | 10km Individual Race Women 40 - 49 years old | D0488   | 劉蓓蓓      | LIU BEI BEI           | 00:55:23      | 00:55:17  |
| 9               | 179          | 10km Individual Race Women 40 - 49 years old | D0412   | 陳龍玉      | CHAN LUNG YUK EVA     | 00:57:09      | 00:56:59  |
| 10              | 190          | 10km Individual Race Women 40 - 49 years old | D0446   | 夏仙玉      | HA MACY               | 00:58:22      | 00:58:10  |
| 11              | 199          | 10km Individual Race Women 40 - 49 years old | D0516   |          | SO NIM YAN YANTY      | 00:59:11      | 00:58:49  |
| 12              | 227          | 10km Individual Race Women 40 - 49 years old | D0544   | 楊紅燕      | YANG HONG YAN         | 01:01:07      | 01:00:49  |
| 13              | 244          | 10km Individual Race Women 40 - 49 years old | D0502   | 伍嘉盈      | NG KAR YING KANNY     | 01:02:01      | 01:01:49  |
| 14              | 250          | 10km Individual Race Women 40 - 49 years old | D0530   |          | WONG HARDY BRYONY     | 01:02:32      | 01:02:15  |
| 15              | 252          | 10km Individual Race Women 40 - 49 years old | D0509   |          | RENMEI FENG           | 01:02:35      | 01:02:26  |
| 16              | 258          | 10km Individual Race Women 40 - 49 years old | D0554   |          | YANG TIANYI           | 01:03:31      | 01:03:07  |
| 17              | 259          | 10km Individual Race Women 40 - 49 years old | D0557   |          | LO HOI YIN            | 01:03:31      | 01:03:12  |
| 18              | 286          | 10km Individual Race Women 40 - 49 years old | D0414   | 陳雨彤      | CHAN YU TUNG          | 01:06:02      | 01:05:51  |
| 19              | 311          | 10km Individual Race Women 40 - 49 years old | D0551   |          | YUEN FANNY            | 01:08:18      | 01:08:10  |
| 20              | 326          | 10km Individual Race Women 40 - 49 years old | D0518   |          | TAI LING              | 01:09:51      | 01:09:43  |
| 21              | 330          | 10km Individual Race Women 40 - 49 years old | D0451   | 韓錦鳳      | HON KAM FUNG          | 01:09:58      | 01:09:37  |
| 22              | 336          | 10km Individual Race Women 40 - 49 years old | D0413   |          | CHAN YUEN KWAN        | 01:10:41      | 01:10:18  |
| 23              | 343          | 10km Individual Race Women 40 - 49 years old | D0419   |          | CHENG JOYCE           | 01:11:28      | 01:11:21  |
| 24              | 346          | 10km Individual Race Women 40 - 49 years old | D0478   |          | LEI LAI YAN           | 01:12:05      | 01:11:59  |
| 25              | 366          | 10km Individual Race Women 40 - 49 years old | D0469   |          | LAI SUET SUM          | 01:14:47      | 01:14:27  |
| 26              | 370          | 10km Individual Race Women 40 - 49 years old | D0505   |          | NGAN JAMIE            | 01:15:15      | 01:14:48  |
| 27              | 372          | 10km Individual Race Women 40 - 49 years old | D0427   | 蔣韶虹      | CHIANG SIU HUNG       | 01:15:40      | 01:15:35  |
| 28              | 388          | 10km Individual Race Women 40 - 49 years old | D0517   |          | SO WAI CHING          | 01:16:47      | 01:16:16  |
| 29              | 408          | 10km Individual Race Women 40 - 49 years old | D0527   | 謝黎       | TSE LAI SHIRLEY       | 01:20:01      | 01:19:46  |
| 30              | 409          | 10km Individual Race Women 40 - 49 years old | D0415   |          | CHAN YUEN NA          | 01:20:05      | 01:19:52  |
| 31              | 415          | 10km Individual Race Women 40 - 49 years old | D0440   |          | FONG LAI SHAN LISA    | 01:21:11      | 01:20:43  |
| 32              | 421          | 10km Individual Race Women 40 - 49 years old | D0508   |          | PANG MAXINE           | 01:22:59      | 01:22:48  |
| 33              | 425          | 10km Individual Race Women 40 - 49 years old | D0426   | 張小玲      | CHEUNG SIU LING       | 01:23:13      | 01:22:54  |
| 34              | 426          | 10km Individual Race Women 40 - 49 years old | D0431   |          | CHOI SHUK MEI TAMMY   | 01:23:39      | 01:23:26  |
| 35              | 429          | 10km Individual Race Women 40 - 49 years old | D0441   | 傅堤芬      | FU TAI FAN INTI       | 01:24:41      | 01:24:25  |
| 36              | 438          | 10km Individual Race Women 40 - 49 years old | D0503   | 伍韻芝      | NG WAN CHI            | 01:27:48      | 01:27:26  |
| 37              | 441          | 10km Individual Race Women 40 - 49 years old | D0491   |          | LO CHAMMY             | 01:28:49      | 01:28:40  |
| 38              | 454          | 10km Individual Race Women 40 - 49 years old | D0498   | 麥呈慧      | MAK CHING WAI         | 01:37:32      | 01:37:09  |
| N/A             | N/A          | 10km Individual Race Women 40 - 49 years old | D0425   | 張        | CHEUNG YAU SHEUNG     | DNF           | DNF       |
| N/A             | N/A          | 10km Individual Race Women 40 - 49 years old | D0529   | 王微       | WANG WEI, VIVI        | DQ            | DQ        |
| N/A             | N/A          | 10km Individual Race Women 40 - 49 years old | D0515   | 蘇翠霞      | SO TSUI HA            | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 40 - 49 years old | D0454   | 洪慕瑩      | HUNG KAREN            | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 40 - 49 years old | D0455   | 飯原笑子     | IIHARA EMIKO          | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 40 - 49 years old | D0435   | 蔡慧美      | CHOY WAI MEI          | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 40 - 49 years old | D0429   | 趙斯靜      | CHIU SZE CHING        | DNS           | DNS       |
| N/A             | N/A          | 10km Individual Race Women 40 - 49 years old | D0417   | 張天恩      | CHANG VANESSA TIEN UN | DNS           | DNS       |



| Rank Categories | Rank Overall | Race Categories Name | Bib No.  | Name_Chi | Name_Eng | Official Time         | Chip Time |          |
|-----------------|--------------|----------------------|--|----------|----------|-----------------------|-----------|----------|
|                 | 1            | 72                   | 10km Individual Race Women 50 years old or above | E0657    | 關美琮      | KWAN VICKY            | 00:47:37  | 00:47:33 |
|                 | 2            | 73                   | 10km Individual Race Women 50 years old or above | E0645    | 高玲麗      | GAO GRACE             | 00:47:41  | 00:47:23 |
|                 | 3            | 113                  | 10km Individual Race Women 50 years old or above | E0676    |          | LEUNG EVA             | 00:51:18  | 00:51:12 |
|                 | 4            | 123                  | 10km Individual Race Women 50 years old or above | E0660    |          | KWONG PO YEE          | 00:52:19  | 00:52:13 |
|                 | 5            | 131                  | 10km Individual Race Women 50 years old or above | E0711    |          | WONG KIT MUI CORINNA  | 00:52:53  | 00:52:48 |
|                 | 6            | 144                  | 10km Individual Race Women 50 years old or above | E0710    |          | WONG YUK YING         | 00:54:06  | 00:53:55 |
|                 | 7            | 155                  | 10km Individual Race Women 50 years old or above | E0712    | 王麗君      | WONG LAI KWAN         | 00:55:10  | 00:54:56 |
|                 | 8            | 176                  | 10km Individual Race Women 50 years old or above | E0652    | 金倩雯      | KAM SHARAN            | 00:56:38  | 00:56:33 |
|                 | 9            | 192                  | 10km Individual Race Women 50 years old or above | E0704    |          | TANG ZOE              | 00:58:34  | 00:58:21 |
|                 | 10           | 196                  | 10km Individual Race Women 50 years old or above | E0607    | 陳潔瑩      | CHAN KIT YING         | 00:58:50  | 00:58:31 |
|                 | 11           | 208                  | 10km Individual Race Women 50 years old or above | E0612    |          | CHAN SZE MAN          | 00:59:38  | 00:59:32 |
|                 | 12           | 212                  | 10km Individual Race Women 50 years old or above | E0723    | 袁敏慧      | YEUN MAN WAI          | 00:59:55  | 00:59:44 |
|                 | 13           | 220                  | 10km Individual Race Women 50 years old or above | E0698    | 布嘉燕      | PO KA YIN             | 01:00:33  | 01:00:12 |
|                 | 14           | 219                  | 10km Individual Race Women 50 years old or above | E0680    | 梁桂鳳      | LEUNG KWAI FUNG       | 01:00:33  | 01:00:13 |
|                 | 15           | 226                  | 10km Individual Race Women 50 years old or above | E0693    | 吳若冰      | NG YEUK BING          | 01:01:07  | 01:00:45 |
|                 | 16           | 241                  | 10km Individual Race Women 50 years old or above | E0661    |          | LAI CHERRY            | 01:01:50  | 01:01:37 |
|                 | 17           | 253                  | 10km Individual Race Women 50 years old or above | E0734    |          | LAM KI KUEN           | 01:02:58  | 01:02:41 |
|                 | 18           | 254                  | 10km Individual Race Women 50 years old or above | E0702    |          | TAM SUK YEE           | 01:03:08  | 01:03:02 |
|                 | 19           | 264                  | 10km Individual Race Women 50 years old or above | E0743    | 梁榮偉      | LEUNG WING WAI        | 01:03:45  | 01:03:40 |
|                 | 20           | 270                  | 10km Individual Race Women 50 years old or above | E0721    | 任麗明      | YAM LAI MING          | 01:04:02  | 01:03:52 |
|                 | 21           | 278                  | 10km Individual Race Women 50 years old or above | E0626    |          | CHEUNG ALICE          | 01:04:42  | 01:04:24 |
|                 | 22           | 284                  | 10km Individual Race Women 50 years old or above | E0677    |          | LEUNG AMY             | 01:05:36  | 01:05:18 |
|                 | 23           | 285                  | 10km Individual Race Women 50 years old or above | E0662    | 黎郭珍      | LAI KWOK CHUN         | 01:05:49  | 01:05:27 |
|                 | 24           | 288                  | 10km Individual Race Women 50 years old or above | E0609    |          | CHAN SIU MUI          | 01:06:22  | 01:06:05 |
|                 | 25           | 292                  | 10km Individual Race Women 50 years old or above | E0656    | 鄺閱滿      | KUANG YUE MAN         | 01:06:44  | 01:06:22 |
|                 | 26           | 297                  | 10km Individual Race Women 50 years old or above | E0731    | 鄭文娟      | ZHENG WENJUAN         | 01:06:48  | 01:06:27 |
|                 | 27           | 300                  | 10km Individual Race Women 50 years old or above | E0610    | 陳淑玲      | CHAN SUK LING ELLA    | 01:07:22  | 01:07:01 |
|                 | 28           | 329                  | 10km Individual Race Women 50 years old or above | E0611    |          | CHAN CELINA           | 01:09:55  | 01:09:35 |
|                 | 29           | 334                  | 10km Individual Race Women 50 years old or above | E0675    | 梁麗萍      | LEUNG LAI PING        | 01:10:32  | 01:10:20 |
|                 | 30           | 340                  | 10km Individual Race Women 50 years old or above | E0606    | 陳淑君      | CHAN SHOOK KWAN       | 01:11:01  | 01:10:45 |
|                 | 31           | 364                  | 10km Individual Race Women 50 years old or above | E0649    |          | HUI CARMEN            | 01:14:42  | 01:14:22 |
|                 | 32           | 367                  | 10km Individual Race Women 50 years old or above | E0664    | 林美華      | LAM SARA              | 01:14:53  | 01:14:46 |
|                 | 33           | 378                  | 10km Individual Race Women 50 years old or above | E0678    |          | LEUNG QUEENIE         | 01:15:49  | 01:15:34 |
|                 | 34           | 379                  | 10km Individual Race Women 50 years old or above | E0602    |          | AU PEGGY              | 01:15:50  | 01:15:32 |
|                 | 35           | 385                  | 10km Individual Race Women 50 years old or above | E0601    | 區迪秋      | AU TIK CHAU SHIRLEY   | 01:16:24  | 01:16:00 |
|                 | 36           | 395                  | 10km Individual Race Women 50 years old or above | E0623    | 張玉香      | CHEUNG YUK HEUNG      | 01:17:37  | 01:17:14 |
|                 | 37           | 406                  | 10km Individual Race Women 50 years old or above | E0663    | 陳麗滿      | LAI MUN CHAN          | 01:19:11  | 01:18:58 |
|                 | 38           | 407                  | 10km Individual Race Women 50 years old or above | E0679    |          | LEUNG PEGGY           | 01:19:14  | 01:18:53 |
|                 | 39           | 411                  | 10km Individual Race Women 50 years old or above | E0695    | 顏秀如      | NGAN SAU YU IRIS      | 01:20:18  | 01:19:52 |
|                 | 40           | 413                  | 10km Individual Race Women 50 years old or above | E0727    |          | YIM LAI KWAN          | 01:20:41  | 01:20:29 |
|                 | 41           | 428                  | 10km Individual Race Women 50 years old or above | E0639    | 朱齊好      | CHU CHAI HO           | 01:24:24  | 01:24:15 |
|                 | 42           | 436                  | 10km Individual Race Women 50 years old or above | E0642    | 符燕萍      | FU YIN PING           | 01:27:11  | 01:27:01 |
|                 | 43           | 439                  | 10km Individual Race Women 50 years old or above | E0722    | 丘寶珍      | YAU PO CHUN BETSY     | 01:28:19  | 01:28:04 |
|                 | 44           | 444                  | 10km Individual Race Women 50 years old or above | E0613    | 陳耀萍      | CHAN YIU PING         | 01:30:12  | 01:29:48 |
|                 | 45           | 446                  | 10km Individual Race Women 50 years old or above | E0713    | 黃雁梅      | WONG NGAN MUI         | 01:30:28  | 01:30:03 |
|                 | 46           | 447                  | 10km Individual Race Women 50 years old or above | E0709    |          | WANG BONNY            | 01:33:10  | 01:32:48 |
|                 | 47           | 448                  | 10km Individual Race Women 50 years old or above | E0687    | 馬淑娟      | MA SUKKUEN            | 01:34:53  | 01:34:25 |
|                 | 48           | 458                  | 10km Individual Race Women 50 years old or above | E0670    | 劉淑明      | LAU SUK MING SABRINA  | 01:42:49  | 01:42:24 |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0691    | 文燕       | MAN YIN               | DNF       | DNF      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0646    | 何碧容      | HO PIK YUNG           | DNF       | DNF      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0733    |          | WONG MEI LING         | DNF       | DNF      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0707    | 曾小燕      | TSANG SIU YIN         | DNF       | DNF      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | C0241    | 徐碧霞      | CHUI PIK HAR          | DNF       | DNF      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0614    | 陳穎霞      | CHAN WING HA          | DQ        | DQ       |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0708    | 曹鳳英      | TSO FUNG YING, VIVIAN | DQ        | DQ       |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0640    | 朱麗瓊      | CHU LAIKING           | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0669    |          | LAU PAT               | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0696    | 彭順嫻      | PANG SHUN HAN         | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0688    | 馬進君      | MA CHUN KWAN          | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0635    | 周瑞萍      | CHOW SUI PING         | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0636    |          | CHOW ANNA             | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0627    | 張桂香      | CHEUNG CONNIE         | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0624    | 張淑婷      | CHEUNG SHUK TING      | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0625    |          | CHEUNG KAM FUNG       | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0633    | 趙麗霞      | CHIU LAI HA CATHERINE | DNS       | DNS      |
| N/A             | N/A          | N/A                  | 10km Individual Race Women 50 years old or above | E0608    | 陳美賢      | CHAN MEI YIN CECLIA   | DNS       | DNS      |